

Pregnancy and Postpartum Deferral Policy

Who is eligible:

Anyone who is a registered participant, and is or becomes pregnant prior to race day and chooses to not participate in the event due to such circumstances. For clarification, Canada Running Series considers postpartum to be 24 weeks following the birth of a child.

How to request a pregnancy or postpartum deferral:

To obtain a pregnancy or postpartum deferral, the participant must:

- Submit a pregnancy or postpartum deferral request in writing to info@canadarunningseries.com any time after registering for the event, but no later than 14 days before race day.
- Provide written confirmation of the participant's pregnancy signed by a physician, registered midwife, or other medical professional.

What does a pregnancy or postpartum deferral provide:

A participant who obtains a pregnancy or postpartum deferral will have their original registration deactivated and will be provided a promo code that can be used to register for one of the next two subsequent events. The promo code must be used to register for the same Canada Running Series Event as the original registration. If it is not used within the following two years, no refund or additional deferral will be provided.

If a participant becomes pregnant again during a pregnancy or postpartum deferral period, they may request a second consecutive pregnancy or postpartum deferral. This would permit them to defer their race entry a second time.

Canada Running Series will allow no more than two consecutive pregnancy deferral requests per event. If the individual is unable to participate after requesting two consecutive deferrals, the participant understands they will not be offered a refund. However, participants are allowed to request additional non-consecutive pregnancy or postpartum deferrals for future pregnancies.