



# January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# January - Vancouver

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					<a href="#">EVRC x NYD Half Marathon 10:00am</a> <sup>1</sup>	<sup>2</sup>
<sup>3</sup> <a href="#">East Van Run Crew 6:30pm</a>	<sup>4</sup> <a href="#">Social Run Club 6:30pm</a>	<sup>5</sup> <a href="#">North Burnaby Runners 6:30pm</a>	<sup>6</sup> <a href="#">VRC Flight Crew 6:15pm</a>	<sup>7</sup> <a href="#">Fraser Street Run Club 7:00pm</a>	<sup>8</sup> <a href="#">Social Run Club 9:30am</a>	<sup>9</sup>
<sup>10</sup> <a href="#">East Van Run Crew 6:30pm</a>	<sup>11</sup> <a href="#">Social Run Club 6:30pm</a>	<sup>12</sup> <a href="#">North Burnaby Runners 6:30pm</a>	<sup>13</sup> <a href="#">VRC Flight Crew 6:15pm</a>	<sup>14</sup> <a href="#">Fraser Street Run Club 7:00pm</a>	<sup>15</sup> <a href="#">Social Run Club 9:30am</a>	<sup>16</sup>
<sup>17</sup> <a href="#">East Van Run Crew 6:30pm</a>	<sup>18</sup> <a href="#">Social Run Club 6:30pm</a>	<sup>19</sup> <a href="#">North Burnaby Runners 6:30pm</a>	<sup>20</sup> <a href="#">VRC Flight Crew 6:15pm</a>	<sup>21</sup> <a href="#">Fraser Street Run Club 7:00pm</a>	<sup>22</sup> <a href="#">Social Run Club 9:30am</a>	<sup>23</sup>
<sup>24</sup> <a href="#">East Van Run Crew 6:30pm</a>	<sup>25</sup> <a href="#">Social Run Club 6:30pm</a>	<sup>26</sup> <a href="#">North Burnaby Runners 6:30pm</a>	<sup>27</sup> <a href="#">VRC Flight Crew 6:15pm</a>	<sup>28</sup> <a href="#">Fraser Street Run Club 7:00pm</a>	<sup>29</sup> <a href="#">Social Run Club 9:30am</a>	<sup>30</sup>
<sup>31</sup> <a href="#">LAST DAY!! East Van Run Crew 6:30pm</a>						

# January - GTA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Start of CAMP KM!	2 <a href="#">Culture Athletics</a> 9:00am
3 <a href="#">Eastbound Run</a> Crew 6:30pm	4 <a href="#">Midnight Runners</a> 7:00pm	5 <a href="#">Kardia Athletics</a> 7:00pm	6 <a href="#">Fronrunners</a> 6:00pm	7 <a href="#">High Park</a> <a href="#">Rogue Runners</a> 6:30pm	8 <a href="#">North York</a> <a href="#">Run Crew</a> 8:00am	9 <a href="#">Culture Athletics</a> 9:00am
10 <a href="#">Eastbound Run</a> Crew 6:30pm	11 <a href="#">Parkdale</a> <a href="#">Roadrunners</a> 7:00pm	12 <a href="#">Kardia Athletics</a> 7:00pm	13 <a href="#">Fronrunners</a> 6:00pm	14 <a href="#">High Park</a> <a href="#">Rogue Runners</a> 6:30pm	15 <a href="#">North York Run</a> Crew 8:00am	16 <a href="#">Culture Athletics</a> 9:00am
17 <a href="#">Eastbound Run</a> Crew 6:30pm	18 <a href="#">Midnight Runners</a> 7:00pm	19 <a href="#">Kardia Athletics</a> 7:00pm	20 <a href="#">Fronrunners</a> 6:00pm	21 <a href="#">High Park</a> <a href="#">Rogue Runners</a> 6:30pm	22 <a href="#">North York Run</a> Crew 8:00am	23 <a href="#">Culture Athletics</a> 9:00am
24 <a href="#">Eastbound Run</a> Crew 6:30pm	25 <a href="#">Parkdale</a> <a href="#">Roadrunners</a> 7:00pm	26 <a href="#">Kardia Athletics</a> 7:00pm	27 <a href="#">Fronrunners</a> 6:00pm	28 <a href="#">High Park</a> <a href="#">Rogue Runners</a> 6:30pm	29 <a href="#">North York Run</a> Crew 8:00am	30 <a href="#">Culture Athletics</a> 9:00am
31 <a href="#">Eastbound Run</a> Crew 6:30pm						