

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
8 km							
1.	1	Coughler, Jeremy	Male 25-29	1.	00:01:09	00:23:49	00:23:51
2.	16	Kanko, Rob	Male 25-29	2.	00:01:14	00:24:19	00:24:19
3.	5	Neuffer, Alex	Male 25-29	3.	00:01:15	00:24:30	00:24:31
4.	10013	Guiden, Ian	Male 25-29	4.	00:01:21	00:24:37	00:24:38
5.	2	Grieve, Kyle	Male 30-34	1.	00:01:16	00:24:44	00:24:46
6.	9	Tyrrell, Ryan	Male 20-24	1.	00:01:13	00:24:45	00:24:47
7.	6	Avalos, Miles	Male 25-29	5.	00:01:13	00:24:48	00:24:49
8.	3	Raez Villanueva, Sergio	Male 25-29	6.	00:01:14	00:25:25	00:25:27
9.	1052	McGillivray, Josh	Male 25-29	7.	00:01:13	00:25:35	00:25:37
10.	8	Lozano, Matthew	Male 25-29	8.	00:01:24	00:25:38	00:25:39
11.	7	Kirby, Mitch	Male 25-29	9.	00:01:18	00:25:45	00:25:47
12.	11	McAneney, Lucas	Male 35-39	1.	00:01:23	00:25:54	00:25:56
13.	13	Carette, Romain	Male 30-34	2.	00:01:28	00:26:04	00:26:06
14.	12	Fournier, Daniel	Male 25-29	10.	00:01:22	00:26:09	00:26:11
15.	10	Beland, Caleb	Male 25-29	11.	00:01:25	00:26:16	00:26:18
16.	89	Antolin, Stephen	Male 35-39	2.	00:01:20	00:26:46	00:26:48
17.	14	De Jong, Aaron	Male 25-29	12.	00:01:28	00:26:48	00:26:50
18.	10002	Gollish, Sasha	Female 40-44	1.	00:01:27	00:26:56	00:26:58
19.	1357	Rowland, Dan	Male 25-29	13.	00:01:27	00:27:05	00:27:07
20.	708	Howard, Brendon	Male 25-29	14.	00:01:20	00:27:09	00:27:11
21.	955	Lopardo, Umberto	Male 25-29	15.	00:01:31	00:27:10	00:27:12
22.	10003	Teschuk, Erin	Female 25-29	1.	00:01:29	00:27:18	00:27:20
23.	200	Bralha, Fernando	Male 35-39	3.	00:01:19	00:27:37	00:27:40
24.	21	Fowler, Timothy	Male 40-44	1.	00:01:31	00:27:42	00:27:45
25.	63	Adachi, Shinsuke	Male 45-49	1.	00:01:24	00:27:57	00:28:00
26.	22	Bedley, Charles	Male 50-54	1.	00:01:28	00:28:01	00:28:04
27.	10001	Desjardins, Laura	Female 30-34	1.	00:01:34	00:28:09	00:28:10
28.	20	Hogan, Bernie	Male 40-44	2.	00:01:21	00:28:10	00:28:12
29.	763	Johnston, Matthew	Male 25-29	16.	00:01:36	00:28:13	00:28:16
30.	1429	Sharratt, David	Male 40-44	3.	00:01:30	00:28:24	00:28:26
31.	1171	Nunez, Paul	Male 25-29	17.	00:01:24	00:28:26	00:28:29
32.	411	Dickinson, Marley	Male 25-29	18.	00:01:30	00:28:32	00:28:34
33.	1138	Nagler, Cory	Male 20-24	2.	00:01:26	00:28:51	00:28:57
34.	307	Ciupka, Kenneth	Male 30-34	3.	00:01:36	00:28:52	00:28:56
35.	10004	Brohart, Courtney	Female 30-34	2.		00:28:58	00:28:59
36.	526	Free, Mitch	Male 45-49	2.	00:01:28	00:29:03	00:29:06
37.	10006	Brennan, Becca	Female 25-29	2.	00:01:36	00:29:16	00:29:18
38.	10009	Ryall, Stephanie	Female 25-29	3.	00:01:35	00:29:21	00:29:23
39.	1875	Peterson, Greg	Male 40-44	4.	00:01:37	00:29:28	00:29:31
40.	10008	Ohrling, Heidi	Female 25-29	4.	00:01:35	00:29:30	00:29:32
41.	458	Dzik, Evan	Male 30-34	4.	00:01:41	00:29:44	00:29:49
42.	827	Kinsella, Ian	Male 40-44	5.	00:01:24	00:29:52	00:29:55
43.	1143	Navarrete, Diego	Male 30-34	5.	00:01:30	00:29:55	00:30:00
44.	1850	Dieleman, Trevor	Male 35-39	4.	00:01:37	00:30:04	00:30:07
45.	664	Heenan, Evan	Male 30-34	6.	00:01:31	00:30:05	00:30:19

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Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
46.	1851	The Elf, Jessey	Male 25-29	19.	00:01:12	00:30:07	00:30:09
47.	388	Deighan, Luke	Male 25-29	20.	00:01:20	00:30:08	00:30:12
48.	977	MacRae, Brandon	Male 25-29	21.	00:01:27	00:30:17	00:30:27
49.	375	Davies, Shawn	Male 40-44	6.	00:01:33	00:30:18	00:30:23
50.	1535	Sumner, Madeleine	Female 25-29	5.	00:01:45	00:30:23	00:30:26
51.	1566	Thomas, Andrew	Male 45-49	3.	00:01:40	00:30:24	00:30:27
52.	1466	Smith, Duncan	Male 35-39	5.	00:01:27	00:30:26	00:30:31
53.	1894	Khosa, Parm	Male 25-29	22.	00:01:42	00:30:30	00:30:33
54.	1129	Munro, Alistair	Male 55-59	1.	00:01:41	00:30:52	00:30:58
55.	10012	King, Lauren	Female 40-44	2.	00:01:48	00:30:56	00:30:58
56.	456	Dyck, Jim	Male 55-59	2.	00:01:32	00:30:56	00:31:00
57.	10007	Lawrence, Kathleen	Female 35-39	1.	00:01:46	00:31:00	00:31:02
58.	10010	Coburn, Livia	Female 25-29	6.	00:01:46	00:31:03	00:31:05
59.	1326	Riley, Jared	Male 50-54	2.	00:01:34	00:31:16	00:31:29
60.	1520	Straw, Jeff	Male 40-44	7.	00:01:30	00:31:17	00:31:23
61.	1645	Walcz, Les	Male 55-59	3.	00:01:38	00:31:27	00:31:34
62.	812	Kerry, Matthew	Male 40-44	8.	00:01:39	00:31:28	00:31:32
63.	1777	Crane, David	Male 40-44	9.	00:01:40	00:31:36	00:31:41
64.	1895	Lamb, Brad	Male 40-44	10.	00:01:37	00:31:47	00:31:52
65.	149	Becker, Andrew	Male 40-44	11.	00:01:31	00:31:51	00:31:57
66.	282	Chapman, Geoff	Male 30-34	7.	00:01:51	00:31:55	00:31:59
67.	431	Doppelt, Torin	Male 35-39	6.	00:01:33	00:31:58	00:32:06
68.	1553	Tarvit, Adam	Male 40-44	12.	00:01:33	00:32:01	00:32:07
69.	1146	Needham, Charlie	Male 35-39	7.	00:01:34	00:32:02	00:32:08
70.	1249	Pieprzak, Taylor	Male 30-34	8.	00:01:48	00:32:04	00:32:08
71.	576	Gilman, Jacob	Male 40-44	13.	00:01:43	00:32:14	00:32:20
72.	54	Abarquez, Bernard	Male 40-44	14.	00:01:32	00:32:18	00:32:46
73.	1873	Winston, Luke	Male 30-34	9.	00:01:47	00:32:23	00:32:27
74.	761	Johnson, Adam	Male 30-34	10.	00:01:35	00:32:27	00:32:35
75.	84	Anderson, Katie	Female 25-29	7.	00:01:32	00:32:30	00:33:08
76.	893	Larochelle, RÃ©my	Male 45-49	4.	00:01:36	00:32:35	00:32:43
77.	1442	Silmer, Scott	Male 15-19	1.	00:01:40	00:32:39	00:32:41
78.	665	Heinstein, Hillel	Male 45-49	5.	00:01:54	00:32:39	00:32:44
79.	231	Bykov, Maks	Male 40-44	15.	00:01:40	00:32:40	00:32:48
80.	1188	O'Regan, Maeve	Female 35-39	2.	00:01:44	00:32:44	00:32:55
81.	784	Kandiller, Yigit	Male 35-39	8.	00:01:45	00:32:44	00:32:56
82.	273	Centritto, John	Male 14 & Under	1.	00:01:40	00:32:51	00:32:54
83.	907	Lee, Darren	Male 45-49	6.	00:01:46	00:32:55	00:32:58
84.	1083	Midmer, Michael	Male 45-49	7.	00:01:49	00:33:01	00:33:05
85.	326	Cooke, Mathew	Male 25-29	23.	00:01:40	00:33:03	00:33:13
86.	635	Hajmasy, Mike	Male 30-34	11.	00:01:40	00:33:04	00:33:25
87.	679	Hill, David	Male 40-44	16.		00:33:07	00:33:20
88.	319	Collins, Christopher	Male 30-34	12.	00:01:29	00:33:14	00:33:26
89.	1085	Mier, Rodrigo	Male 40-44	17.	00:01:41	00:33:16	00:33:23
90.	1168	Norman, Andrew	Male 45-49	8.	00:01:38	00:33:16	00:33:23
91.	1856	Morris, Christian	Male 30-34	13.	00:01:45	00:33:18	00:33:35
92.	1519	Strang, Isaac	Male 35-39	9.	00:01:42	00:33:19	00:33:23

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Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
93.	423	Domaratzki, Riley	Male 20-24	3.	00:01:55	00:33:24	00:33:32
94.	1296	Rammo, Morgan	Female 30-34	3.	00:01:48	00:33:26	00:33:36
95.	857	Kuruville, Denny	Male 45-49	9.	00:01:52	00:33:27	00:33:34
96.	739	Isaac, David	Male 50-54	3.	00:01:43	00:33:31	00:33:38
97.	226	Buruiana, Frederic	Male 35-39	10.	00:01:52	00:33:34	00:33:41
98.	593	Goranson, Hannah	Female 25-29	8.	00:01:45	00:33:36	00:33:49
99.	1207	Pan, Charlie	Male 35-39	11.	00:01:52	00:33:46	00:33:54
100.	1092	Milne-Hines, Althea	Female 30-34	4.	00:01:46	00:33:52	00:34:12
101.	581	Giuliani, Antonio	Male 35-39	12.	00:01:38	00:34:06	00:34:29
102.	1449	Sinclair, Ian	Male 50-54	4.	00:01:52	00:34:07	00:34:10
103.	1172	Nylander, Jared	Male 30-34	14.	00:01:52	00:34:07	00:34:25
104.	145	Beaudoin, Chris	Male 40-44	18.	00:01:45	00:34:08	00:34:20
105.	1863	Struyk, Tyler	Male 35-39	13.	00:01:47	00:34:09	00:34:14
106.	1879	Ambrosini, Daniel	Male 50-54	5.	00:01:57	00:34:16	00:34:20
107.	1754	Zhang, Wayne	Male 50-54	6.	00:01:37	00:34:18	00:34:33
108.	1886	Mahony, Amy	Female 30-34	5.	00:01:55	00:34:22	00:34:28
109.	666	Helston-Gonzalez, MartÃn	Male 30-34	15.	00:01:58	00:34:25	00:34:40
110.	387	Deery, Jacob	Male 25-29	24.	00:01:52	00:34:29	00:34:37
111.	1478	Snow, Ryan	Male 30-34	16.	00:01:45	00:34:31	00:34:45
112.	335	Cotman, Pete	Male 55-59	4.	00:01:57	00:34:31	00:34:52
113.	412	Dijkema, Lars	Male 25-29	25.	00:01:45	00:34:32	00:34:48
114.	1696	Wilson, Conor	Male 35-39	14.	00:01:45	00:34:33	00:34:41
115.	1584	Torchetti, David	Male 35-39	15.	00:01:42	00:34:34	00:34:50
116.	1749	Zendejas, Roberto	Male 55-59	5.	00:01:56	00:34:36	00:34:39
117.	177	Blain, Andrea	Female 35-39	3.	00:01:56	00:34:37	00:34:47
118.	1411	Sebastian, J P	Male 40-44	19.	00:01:36	00:34:40	00:34:54
119.	582	Glignorevic, Bojan	Male 30-34	17.	00:01:48	00:34:45	00:34:59
120.	895	Laskey, Ryan	Male 15-19	2.	00:01:56	00:34:47	00:34:49
121.	1462	Slute, Scott	Male 30-34	18.	00:01:36	00:34:49	00:34:59
122.	1846	Cassiani, Fred	Male 35-39	16.	00:01:55	00:34:50	00:35:06
123.	382	De Boer, Dianne	Female 15-19	1.	00:01:49	00:34:54	00:35:02
124.	841	Kotliarova, Iana	Female 30-34	6.	00:01:55	00:34:59	00:35:12
125.	1646	Walsh, Craig	Male 45-49	10.	00:01:55	00:35:01	00:35:08
126.	531	Fryer, Liz	Female 25-29	9.	00:01:50	00:35:02	00:35:09
127.	311	Emelo, Steve	Male 55-59	6.	00:01:51	00:35:03	00:35:11
128.	766	Jonas, Roger	Male 55-59	7.	00:01:53	00:35:04	00:35:10
129.	119	Barbeau, Danielle	Female 35-39	4.	00:01:54	00:35:06	00:35:16
130.	796	Kay, Andrew	Male 30-34	19.	00:01:35	00:35:06	00:35:19
131.	847	Kristensen, Lasse BjÃrn	Male 30-34	20.	00:01:47	00:35:08	00:35:43
132.	1368	Russel, Diane	Female 25-29	10.	00:01:51	00:35:08	00:35:21
133.	481	Evans, Stephen	Male 55-59	8.	00:01:58	00:35:09	00:35:30
134.	1715	Woods, Galen	Male 25-29	26.	00:01:30	00:35:13	00:35:26
135.	216	Brueggemann, Ian	Male 55-59	9.	00:01:47	00:35:16	00:35:29
136.	931	Lessard, Ryan	Male 30-34	21.	00:01:48	00:35:20	00:35:31
137.	475	Ene, Alexandru	Male 35-39	17.	00:01:53	00:35:22	00:35:27
138.	1256	Pinsent, Daniel	Male 40-44	20.	00:01:51	00:35:22	00:35:39
139.	534	Fulmer, Samantha	Female 30-34	7.	00:02:05	00:35:24	00:35:29

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Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
140.	143	Beaton, Derek	Male 40-44	21.	00:01:45	00:35:24	00:35:41
141.	1072	Meijer, John	Male 60-64	1.	00:02:01	00:35:25	00:35:34
142.	1458	Skinner, Rodain	Male 25-29	27.	00:01:33	00:35:26	00:35:45
143.	1149	Newell, Ryan	Male 40-44	22.	00:01:40	00:35:29	00:35:42
144.	245	Campos, Marcelo	Male 35-39	18.	00:01:52	00:35:31	00:35:39
145.	686	Hodge, Tim	Male 40-44	23.	00:01:50	00:35:32	00:35:44
146.	945	Lindley, Josh	Male 40-44	24.	00:01:57	00:35:32	00:35:43
147.	256	Carr, Nicholas	Male 30-34	22.		00:35:35	00:35:40
148.	574	Giddens, David	Male 55-59	10.	00:01:56	00:35:35	00:35:47
149.	500	Fendik, Erik	Male 30-34	23.	00:02:00	00:35:36	00:35:43
150.	61	Abrahams, Maisha	Female 45-49	1.	00:01:48	00:35:36	00:35:50
151.	1398	Scheschuk, Brice	Male 50-54	7.	00:01:47	00:35:37	00:35:42
152.	1849	Barrons, Carlton	Male 30-34	24.	00:01:37	00:35:38	00:35:58
153.	449	Duke, Marc	Male 40-44	25.	00:01:58	00:35:39	00:36:15
154.	198	Bradley, Dan	Male 45-49	11.	00:01:53	00:35:41	00:35:55
155.	1899	Consens, Micaela	Female 20-24	1.	00:01:52	00:35:43	00:35:51
156.	816	Khanahmadi, Hassan	Male 30-34	25.	00:01:59	00:35:48	00:36:05
157.	1741	Zaccagnini, Daniel	Male 30-34	26.	00:01:38	00:35:49	00:36:09
158.	1472	Smith-Herriott, Allegra	Female 25-29	11.	00:01:37	00:35:53	00:36:11
159.	422	D'Oliveira, Armand	Male 60-64	2.	00:01:44	00:35:55	00:35:59
160.	1872	White, Callum	Male 30-34	27.	00:01:51	00:35:58	00:36:06
161.	1056	McGuire, Chris	Male 40-44	26.	00:02:04	00:36:00	00:36:10
162.	1756	Zhu, Rui	Male 35-39	19.	00:02:01	00:36:03	00:36:23
163.	1382	Salmon, Timothy	Male 15-19	3.	00:01:40	00:36:08	00:36:25
164.	101	Arsenault, Evan	Male 25-29	28.	00:01:44	00:36:12	00:36:19
165.	991	makowka, chris	Male 35-39	20.	00:01:51	00:36:13	00:36:26
166.	1270	Prada, Mauricio	Male 35-39	21.	00:01:53	00:36:13	00:36:54
167.	711	Howes, David	Male 70-74	1.	00:01:48	00:36:15	00:36:35
168.	331	Cormier, Andrea	Female 40-44	3.	00:01:46	00:36:20	00:36:32
169.	1142	Nasir, Umair	Male 30-34	28.	00:01:53	00:36:24	00:36:48
170.	1593	Trinier, Albert	Male 30-34	29.	00:01:26	00:36:26	00:36:40
171.	209	Broadley, Peter	Male 40-44	27.	00:02:02	00:36:27	00:36:35
172.	873	Lally, Simon	Male 14 & Under	2.	00:01:42	00:36:31	00:36:45
173.	1531	Suma, Michael	Male 15-19	4.	00:01:58	00:36:32	00:37:29
174.	646	Harkness, Michael	Male 30-34	30.	00:02:01	00:36:32	00:36:47
175.	514	Ford, Ali	Male 35-39	22.	00:01:46	00:36:36	00:36:49
176.	949	Logan, John Adam	Male 50-54	8.	00:01:48	00:36:39	00:36:53
177.	971	Mackenzie, Julie	Female 30-34	8.	00:02:07	00:36:40	00:36:51
178.	1836	Denis, Richard	Male 55-59	11.	00:02:00	00:36:42	00:36:47
179.	855	Kurdu, Allan	Male 15-19	5.	00:01:53	00:36:43	00:36:58
180.	1088	Milette, Jon	Male 35-39	23.	00:01:34	00:36:44	00:36:57
181.	1074	Mencia Ledo, Javier	Male 20-24	4.	00:02:03	00:36:45	00:36:51
182.	671	Hernandez, Luis	Male 35-39	24.	00:01:58	00:36:45	00:37:03
183.	1162	NIE, Lei	Male 30-34	31.	00:01:44	00:36:49	00:37:09
184.	872	Lally, Ronan	Male 14 & Under	3.	00:01:47	00:36:50	00:37:03
185.	1141	Nash, Carl	Male 50-54	9.	00:01:55	00:36:50	00:37:03
186.	1254	Pimentel, Steve	Male 55-59	12.	00:02:12	00:36:51	00:36:55

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187.	559	Gaudio, Eamon	Male 25-29	29.	00:01:56	00:36:52	00:37:00
188.	441	Downey, Karen	Female 50-54	1.	00:02:01	00:36:56	00:37:07
189.	421	Doiron, Samuel	Male 30-34	32.	00:01:50	00:37:01	00:37:12
190.	718	Hughes, Hayley	Female 25-29	12.	00:02:07	00:37:02	00:37:11
191.	1120	Morton, Barry	Male 55-59	13.	00:01:57	00:37:06	00:37:13
192.	276	Chan, Arwin	Male 25-29	30.	00:01:49	00:37:11	00:37:43
193.	992	Makowski, Milosz	Male 25-29	31.	00:02:02	00:37:15	00:38:09
194.	1419	Seyler, Aaron	Male 35-39	25.	00:02:00	00:37:17	00:37:31
195.	929	Lequyere, Brad	Male 40-44	28.	00:01:59	00:37:19	00:37:24
196.	584	Goad, Mark	Male 30-34	33.	00:01:37	00:37:22	00:38:08
197.	1131	Munroe, Andrew	Male 40-44	29.	00:01:45	00:37:23	00:37:42
198.	1498	Stachiw, Kayla	Female 20-24	2.	00:01:50	00:37:25	00:37:52
199.	499	Feder, Josh	Male 30-34	34.	00:01:38	00:37:26	00:38:04
200.	820	Kilburn, Greg	Male 45-49	12.	00:01:52	00:37:28	00:37:54
201.	879	Lambert, Antoine	Male 35-39	26.	00:02:05	00:37:28	00:37:37
202.	594	Gordeyev, Anton	Male 25-29	32.	00:02:03	00:37:34	00:37:37
203.	1477	Snook, Richard	Male 40-44	30.	00:01:57	00:37:36	00:37:51
204.	1012	Marcovecchio, Anthony	Male 20-24	5.	00:01:44	00:37:36	00:37:48
205.	183	Bobey, Bill	Male 45-49	13.	00:01:59	00:37:39	00:37:50
206.	545	Galambos, Peter	Male 40-44	31.	00:02:29	00:37:39	00:37:48
207.	1507	Stein, Matthew	Male 30-34	35.	00:01:49	00:37:39	00:37:53
208.	310	Clinton, Reese	Female 15-19	2.	00:01:59	00:37:45	00:38:10
209.	289	ChÃ©nier, Mitch	Male 30-34	36.	00:01:55	00:37:45	00:37:55
210.	156	Beltijar, Patrick	Male 40-44	32.	00:02:00	00:37:46	00:38:07
211.	1733	Yeung, Kathy	Female 35-39	5.	00:02:08	00:37:47	00:37:59
212.	919	Lehal, Aidan	Male 20-24	6.	00:01:41	00:37:47	00:39:12
213.	1410	Seaton, Jordie	Female 45-49	2.	00:02:05	00:37:53	00:38:03
214.	978	MacRae, Sophie	Female 30-34	9.	00:02:00	00:37:53	00:38:32
215.	1605	Ungar, Amanda	Female 20-24	3.	00:01:53	00:37:53	00:38:05
216.	122	Barbosa, Jorge	Male 40-44	33.	00:02:04	00:37:54	00:37:57
217.	366	Dam, Jason	Male 25-29	33.	00:01:47	00:37:57	00:38:19
218.	1175	Oconnell, Pete	Male 40-44	34.	00:02:00	00:38:01	00:38:46
219.	1650	Wang, Tomi	Male 15-19	6.	00:01:46	00:38:01	00:39:17
220.	902	Lazareanu, Razvan	Male 50-54	10.	00:02:07	00:38:02	00:38:16
221.	612	Grant, Stu	Male 45-49	14.	00:02:07	00:38:02	00:38:20
222.	1598	Tunley, Emma	Female 40-44	4.	00:02:12	00:38:03	00:38:30
223.	621	Groenewegen, Andrew	Male 35-39	27.	00:02:01	00:38:03	00:38:13
224.	170	Bianca, Matthew	Male 25-29	34.		00:38:04	00:38:36
225.	384	De Luna, Lester	Male 30-34	37.	00:02:04	00:38:12	00:38:26
226.	1729	Yao, Jonathan	Male 35-39	28.	00:01:57	00:38:14	00:38:43
227.	1261	Pljevaljic, Nenad	Male 40-44	35.	00:02:11	00:38:19	00:38:48
228.	778	Kalendra, Richard	Male 55-59	14.	00:02:13	00:38:20	00:38:35
229.	227	Busari, Eniola	Male 25-29	35.	00:02:05	00:38:21	00:38:43
230.	598	Gordon, Peter	Male 60-64	3.	00:02:06	00:38:21	00:38:39
231.	1362	Rueda, Maria	Female 25-29	13.	00:02:02	00:38:22	00:39:54
232.	451	Dunfee, Adam	Male 35-39	29.	00:02:14	00:38:22	00:38:32
233.	1075	Mendel, James	Male 55-59	15.	00:02:08	00:38:26	00:38:44

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
234.	745	Jackson, Chris	Male 45-49	15.	00:01:50	00:38:28	00:38:34
235.	79	Amato, Ashley	Female 14 & Under	1.	00:02:13	00:38:30	00:38:35
236.	442	Doyle, Peter	Male 45-49	16.	00:02:02	00:38:34	00:38:55
237.	197	Boychuk, Alana	Female 45-49	3.	00:02:02	00:38:34	00:38:48
238.	1408	Seahra, Rajit	Male 45-49	17.	00:02:12	00:38:34	00:38:38
239.	99	Aristizabal, Mauricio	Male 30-34	38.	00:01:50	00:38:35	00:38:52
240.	987	Mair, Christian	Male 25-29	36.	00:01:54	00:38:37	00:39:31
241.	1633	Viggiani, Donny	Male 35-39	30.	00:02:02	00:38:38	00:39:01
242.	920	Lehal, Devon	Male 20-24	7.	00:02:05	00:38:39	00:40:02
243.	1497	St. John, Amanda	Female 35-39	6.	00:02:05	00:38:40	00:39:25
244.	773	Jutrznia, Adam	Male 35-39	31.	00:02:01	00:38:40	00:38:45
245.	1888	Hind, Chris	Male 50-54	11.	00:02:07	00:38:41	00:38:49
246.	258	Carter, Ian	Male 65-69	1.	00:01:56	00:38:42	00:38:54
247.	407	Diamante, Jonray	Male 20-24	8.	00:02:03	00:38:42	00:39:05
248.	1505	Steenburgh, Michael	Male 35-39	32.	00:01:51	00:38:47	00:39:20
249.	1379	Salerno, Enzo	Male 45-49	18.	00:02:00	00:38:47	00:39:29
250.	1877	Goddard, Eric	Male 70-74	2.	00:02:06	00:38:52	00:38:59
251.	1312	Rendon, PM	Male 45-49	19.	00:01:49	00:38:56	00:39:18
252.	770	Jones, Stephen	Male 65-69	2.	00:02:10	00:38:56	00:39:07
253.	1089	Miller, Julia	Female 25-29	14.	00:02:07	00:38:59	00:39:12
254.	1898	Sandhu, Gourav	Male 30-34	39.	00:02:11	00:39:00	00:39:37
255.	914	Lee, Timothy	Male 30-34	40.	00:02:09	00:39:00	00:39:13
256.	146	Beaulieu, Jocelyne	Female 35-39	7.	00:02:12	00:39:02	00:39:10
257.	1636	Vivas, Lucas	Male 35-39	33.	00:01:42	00:39:03	00:39:45
258.	1197	Owen, Jeff	Male 25-29	37.	00:02:16	00:39:04	00:39:13
259.	157	Benaim, Amanda	Female 25-29	15.	00:02:17	00:39:04	00:39:14
260.	1608	Uscanga, MoisÃ©s	Male 30-34	41.	00:02:04	00:39:05	00:40:07
261.	859	Kwai-Pun, Christopher	Male 25-29	38.	00:01:54	00:39:07	00:39:22
262.	1490	Souter, Carley	Female 20-24	4.	00:02:13	00:39:08	00:39:18
263.	1704	Wolkin, Jonathan	Male 35-39	34.	00:02:18	00:39:12	00:39:30
264.	1613	Valis, Tomas	Male 55-59	16.	00:02:07	00:39:17	00:40:02
265.	1300	Reade, Cory	Male 45-49	20.	00:02:10	00:39:17	00:39:44
266.	1767	Pitts, Jennifer	Female 45-49	4.	00:02:17	00:39:21	00:39:32
267.	610	Grant, Colin	Male 55-59	17.	00:01:44	00:39:21	00:39:56
268.	868	LaCroix, Chris	Male 55-59	18.	00:01:57	00:39:21	00:39:58
269.	871	Lally, Gavin	Male 14 & Under	4.	00:01:56	00:39:22	00:39:36
270.	174	Birkbeck, Elaine	Female 30-34	10.	00:02:07	00:39:24	00:39:45
271.	1259	Piryani, Vishal	Male 30-34	42.	00:02:20	00:39:26	00:39:46
272.	1855	Walker, Sean	Male 30-34	43.	00:01:49	00:39:27	00:39:53
273.	395	Denison, Luke	Male 40-44	36.	00:02:06	00:39:29	00:40:00
274.	1178	Ocvirk, Pia	Female 20-24	5.	00:02:10	00:39:30	00:39:41
275.	1640	Vona, George	Male 60-64	4.	00:02:30	00:39:31	00:40:03
276.	1662	Wayling, Paul	Male 45-49	21.	00:02:10	00:39:31	00:40:15
277.	179	Blayney, Sam	Male 25-29	39.	00:01:54	00:39:31	00:40:47
278.	372	Davey Brooks, Clare	Female 35-39	8.	00:02:08	00:39:32	00:40:08
279.	1265	Poon, Will	Male 40-44	37.	00:02:11	00:39:33	00:40:45
280.	468	Eley, Brian	Male 60-64	5.	00:02:15	00:39:34	00:39:41

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
281.	1286	Quast, Parker	Male 25-29	40.	00:01:59	00:39:34	00:40:20
282.	922	Lehnert, Dominic	Male 50-54	12.	00:01:55	00:39:36	00:40:14
283.	932	Leung, Sunny	Male 25-29	41.	00:02:01	00:39:37	00:47:26
284.	98	Arguin, Claudel	Male 35-39	35.	00:01:51	00:39:38	00:40:11
285.	518	Foster, Mark	Male 50-54	13.	00:02:10	00:39:38	00:40:08
286.	601	Gould, Daisy	Female 25-29	16.	00:02:18	00:39:39	00:40:02
287.	974	Maclean, Juliann	Female 45-49	5.	00:02:08	00:39:40	00:40:38
288.	712	Howison, Keith	Male 50-54	14.	00:02:09	00:39:42	00:40:22
289.	503	Ferreira, Robert	Male 30-34	44.	00:02:05	00:39:42	00:40:13
290.	1854	Cheriyen, Kevin	Male 30-34	45.	00:02:04	00:39:44	00:40:01
291.	1351	Ross, Caroline	Female 30-34	11.	00:02:04	00:39:44	00:40:14
292.	429	Donovan, Kevin	Male 50-54	15.	00:02:07	00:39:47	00:40:02
293.	609	Grandon, Daniel	Male 35-39	36.	00:02:14	00:39:49	00:39:58
294.	1412	Seeley, Laura	Female 20-24	6.	00:02:10	00:39:49	00:41:07
295.	1150	Newton, Chris	Male 60-64	6.	00:02:21	00:39:52	00:40:27
296.	138	Bayne, Pamela	Female 45-49	6.	00:02:05	00:39:52	00:40:21
297.	1366	Rupp, Krista	Female 40-44	5.	00:02:06	00:39:55	00:40:38
298.	393	Delroy, Timothy	Male 45-49	22.	00:02:18	00:39:56	00:40:12
299.	736	Inbar, Aviatar	Male 35-39	37.	00:01:56	00:39:57	00:40:44
300.	516	Ford, Jordon	Male 35-39	38.	00:02:12	00:40:00	00:40:11
301.	1890	Hatkoski, Taylor	Female 25-29	17.	00:01:59	00:40:00	00:40:31
302.	1400	Schlup, Ryan	Male 25-29	42.	00:02:21	00:40:00	00:42:16
303.	1137	Myers, Jenn	Female 50-54	2.	00:02:10	00:40:01	00:40:33
304.	673	Hershler Wiseman, Micah	Male 14 & Under	5.	00:01:51	00:40:02	00:40:22
305.	1711	Wood, Andrew	Male 30-34	46.	00:01:46	00:40:03	00:41:17
306.	427	D'Onofrio, Brittany	Female 30-34	12.	00:01:59	00:40:03	00:41:54
307.	803	Kennific-Stephens, Caitlin	Female 25-29	18.	00:02:05	00:40:05	00:40:31
308.	953	Longo, Larry	Male 65-69	3.	00:02:12	00:40:06	00:40:12
309.	852	Kumar, Ashish	Male 40-44	38.	00:02:24	00:40:06	00:40:19
310.	836	Kong, Jimmy	Male 40-44	39.	00:02:01	00:40:06	00:40:36
311.	543	Gagnon, France	Female 60-64	1.	00:02:14	00:40:08	00:40:18
312.	290	Chepesiuk, Nicholas	Male 30-34	47.	00:02:13	00:40:08	00:40:19
313.	491	Fantin, Steven	Male 50-54	16.	00:02:18	00:40:09	00:40:24
314.	1302	Rebelo, Arminda	Female 40-44	6.	00:02:23	00:40:11	00:40:33
315.	924	Leies, Nick	Male 40-44	40.	00:02:05	00:40:11	00:40:19
316.	1086	Mihelbergel, Aaron	Male 50-54	17.	00:02:14	00:40:12	00:40:37
317.	1639	von Boetticher, Chris	Male 50-54	18.	00:02:05	00:40:14	00:40:48
318.	479	Evagelou, Sonia	Female 25-29	19.	00:02:06	00:40:16	00:40:49
319.	858	Kushla, Glen	Male 60-64	7.	00:02:01	00:40:19	00:40:44
320.	1218	Parson, Matthew	Male 30-34	48.	00:02:06	00:40:20	00:41:32
321.	1061	McLennan, Dan	Male 50-54	19.	00:02:14	00:40:20	00:40:41
322.	616	Grech, Dan	Male 30-34	49.	00:02:09	00:40:21	00:41:22
323.	1082	Midmer, Andrew	Male 35-39	39.	00:02:16	00:40:23	00:41:15
324.	1590	Trant, Phil	Male 65-69	4.	00:02:22	00:40:24	00:40:56
325.	425	Donizete de Oliveira, Luciano	Male 40-44	41.	00:02:11	00:40:29	00:41:32
326.	59	Abid, Zaid	Male 25-29	43.	00:02:03	00:40:29	00:41:19
327.	1712	Wood, Christine	Female 35-39	9.	00:02:23	00:40:30	00:40:39

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
328.	541	Gaglione, Patrick	Male 35-39	40.	00:02:22	00:40:31	00:40:47
329.	741	Iu, Meng Lon	Male 30-34	50.	00:02:31	00:40:31	00:41:02
330.	1049	McFarlane, Mick	Male 45-49	23.	00:02:14	00:40:31	00:42:20
331.	1538	Swinerton, James	Male 55-59	19.	00:02:18	00:40:33	00:41:43
332.	1396	Schauer, Brian	Male 60-64	8.	00:02:13	00:40:34	00:40:58
333.	984	Mahoney, Lucia	Female 55-59	1.	00:02:02	00:40:34	00:40:45
334.	769	Jones, Oliver	Male 25-29	44.	00:02:08	00:40:34	00:40:52
335.	1032	Matisz, Derek	Male 40-44	42.	00:02:02	00:40:35	00:40:41
336.	343	Cowan, Jason	Male 35-39	41.	00:02:21	00:40:40	00:41:14
337.	1861	Doci, Enkel	Male 30-34	51.	00:02:14	00:40:43	00:41:11
338.	1740	Yunker, Geoff	Male 40-44	43.		00:40:46	00:41:03
339.	1054	McGinley, Sean	Male 30-34	52.	00:02:16	00:40:48	00:41:18
340.	1328	Ringlein, Ann	Female 65-69	1.	00:02:16	00:40:49	00:41:15
341.	1714	Woodman, Gerald	Male 55-59	20.	00:02:25	00:40:51	00:41:19
342.	1866	Reinhardt, Helmut	Male 60-64	9.	00:02:22	00:40:52	00:41:15
343.	580	Gipps, Daniel	Male 30-34	53.	00:01:58	00:40:53	00:41:12
344.	1064	McNevin, Caleb	Male 30-34	54.	00:02:14	00:40:55	00:43:36
345.	1504	Steen, Vanessa	Female 35-39	10.	00:02:24	00:40:56	00:41:31
346.	1887	VandenBerg, Kees	Male 20-24	9.	00:02:02	00:40:56	00:41:50
347.	435	Dornack, Pat	Male 40-44	44.	00:02:15	00:40:57	00:41:37
348.	632	Guzzi, Matteo	Male 15-19	7.	00:02:10	00:40:59	00:41:05
349.	1847	John, Clark	Male 30-34	55.	00:01:56	00:40:59	00:42:10
350.	1290	Rad, Hooman	Male 45-49	24.	00:02:28	00:41:01	00:41:31
351.	1882	Mucci, Marianna	Female 15-19	3.	00:02:00	00:41:01	00:41:53
352.	1529	sullivan, shea	Male 20-24	10.	00:02:44	00:41:02	00:42:23
353.	116	Bangs, Sarah	Female 30-34	13.	00:02:37	00:41:04	00:41:34
354.	72	Ahmad, Adnan	Male 35-39	42.	00:02:26	00:41:04	00:43:03
355.	172	Billyard Cross, Emma	Female 30-34	14.	00:02:14	00:41:05	00:41:52
356.	139	Beach, John	Male 45-49	25.	00:02:24	00:41:05	00:42:25
357.	1588	Tran, Victor	Male 35-39	43.	00:02:02	00:41:06	00:41:31
358.	1737	Young, Colin	Male 35-39	44.	00:01:59	00:41:07	00:42:06
359.	268	Castro, Ricardo	Male 50-54	20.	00:02:06	00:41:07	00:41:33
360.	647	Harris, Jenn	Female 40-44	7.	00:02:23	00:41:07	00:42:05
361.	178	Blair, Gareth	Male 45-49	26.	00:02:27	00:41:08	00:41:22
362.	438	Doucette, Erin	Female 45-49	7.	00:02:05	00:41:08	00:41:40
363.	1439	Shouldice, Lee	Male 60-64	10.	00:02:02	00:41:10	00:41:39
364.	651	Hatch, Tara	Female 40-44	8.	00:02:29	00:41:12	00:41:20
365.	544	Gaiti, FEDERICO	Male 35-39	45.	00:02:01	00:41:12	00:41:46
366.	704	Hou, Jimmy	Male 25-29	45.	00:01:27	00:41:13	00:42:24
367.	674	Higgins, Maria	Female 25-29	20.	00:02:29	00:41:14	00:41:53
368.	1200	Pabitu, Edwin	Male 60-64	11.	00:02:12	00:41:14	00:41:39
369.	821	Kim, Sang	Male 65-69	5.	00:02:16	00:41:16	00:41:39
370.	137	Bauder, Harald	Male 50-54	21.	00:02:20	00:41:17	00:41:40
371.	91	Apedaile, Dorothy	Female 25-29	21.	00:02:06	00:41:17	00:41:44
372.	527	Freedman, Cory	Female 55-59	2.	00:02:32	00:41:18	00:41:40
373.	330	Cootauco, Kevin	Male 30-34	56.	00:01:54	00:41:18	00:41:45
374.	118	Baratta, Anthony	Male 30-34	57.	00:02:12	00:41:20	00:41:43

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
375.	291	Cheung, Michael	Male 30-34	58.	00:01:34	00:41:21	00:42:31
376.	1473	Smolders, Bentley	Male 40-44	45.	00:02:14	00:41:24	00:41:42
377.	1424	Sham, Paul	Male 30-34	59.	00:02:13	00:41:24	00:41:43
378.	744	Jabla, Christian Gerel Ken	Male 30-34	60.	00:02:09	00:41:25	00:41:38
379.	1778	Hauck, Tanya	Non-Binary 40-44	1.	00:02:12	00:41:26	00:42:40
380.	1205	Palin, Garrett	Male 25-29	46.	00:02:00	00:41:26	00:43:08
381.	618	Grieco, Fabian	Male 40-44	46.	00:02:02	00:41:26	00:43:08
382.	202	Brannon, David	Male 45-49	27.	00:02:34	00:41:28	00:42:21
383.	80	Ames, Andrew	Male 30-34	61.	00:01:57	00:41:29	00:42:36
384.	520	Fradkin, David	Male 35-39	46.	00:02:07	00:41:29	00:42:11
385.	1657	Warren, Mark	Male 50-54	22.	00:02:33	00:41:29	00:41:41
386.	1495	Spronk, Levi	Male 40-44	47.	00:01:52	00:41:30	00:41:30
387.	1091	Millson, Karen	Female 60-64	2.	00:02:15	00:41:31	00:41:40
388.	1648	Walton, Rachel	Female 25-29	22.	00:01:58	00:41:33	00:43:09
389.	293	Cheung, Timothy	Male 30-34	62.	00:02:00	00:41:34	00:42:32
390.	1263	Polsoni, Rich	Male 35-39	47.	00:02:06	00:41:34	00:41:57
391.	1024	Martindale, Kevin	Male 50-54	23.	00:01:50	00:41:34	00:42:46
392.	1407	Scratch, Catherine	Female 35-39	11.	00:02:18	00:41:35	00:42:16
393.	1327	Riley, Kristin	Female 40-44	9.	00:02:22	00:41:36	00:42:02
394.	377	Davis, Barb	Female 45-49	8.	00:02:23	00:41:37	00:42:09
395.	648	HART, Brad	Male 30-34	63.	00:02:16	00:41:38	00:42:18
396.	604	Graaf, Michael	Male 45-49	28.	00:02:10	00:41:40	00:42:03
397.	1233	Perdrizet, Johnna	Female 30-34	15.	00:02:06	00:41:41	00:42:59
398.	856	Kurtz, michael	Male 45-49	29.	00:02:00	00:41:43	00:43:01
399.	509	Fisher, Dan	Male 45-49	30.	00:02:01	00:41:44	00:42:11
400.	328	Cooney, Robert	Male 40-44	48.	00:02:17	00:41:44	00:42:29
401.	962	Lung, Arthur	Male 25-29	47.	00:01:54	00:41:46	00:42:36
402.	1268	Potter, Andrew	Male 30-34	64.	00:02:06	00:41:48	00:42:24
403.	1596	Tsang, Derek	Male 25-29	48.	00:02:11	00:41:48	00:43:36
404.	446	Duffy, Miriam	Female 30-34	16.	00:02:30	00:41:48	00:42:27
405.	930	Lesco, Don	Male 60-64	12.	00:02:51	00:41:49	00:41:58
406.	1130	Munro, Sean	Male 50-54	24.	00:02:19	00:41:49	00:42:18
407.	308	Clark, Greg	Male 50-54	25.	00:02:11	00:41:49	00:42:16
408.	1479	Sobat, Erin	Male 25-29	49.	00:02:08	00:41:50	00:42:17
409.	1042	McCormick, Sara	Female 25-29	23.	00:02:19	00:41:51	00:42:24
410.	1632	Viegas, Darren	Male 25-29	50.		00:41:52	00:42:08
411.	1133	Murphy, Julia	Female 30-34	17.		00:41:54	00:43:42
412.	696	Hong, Martin	Male 25-29	51.	00:01:55	00:41:55	00:43:06
413.	357	Cunningham, Liam	Male 25-29	52.	00:01:55	00:41:55	00:43:06
414.	242	Campbell, JoÃ«l	Male 40-44	49.	00:02:06	00:41:59	00:42:41
415.	1166	Nobleza, Kaisser	Male 25-29	53.	00:02:33	00:42:01	00:42:25
416.	633	Hager, Lucie	Female 50-54	3.	00:02:12	00:42:02	00:42:36
417.	964	Lynch, Michael	Male 45-49	31.	00:02:21	00:42:04	00:42:30
418.	385	De Rocher, Emily	Female 40-44	10.	00:02:16	00:42:04	00:42:36
419.	957	Lucez, Emanuel	Male 45-49	32.	00:02:15	00:42:05	00:42:26
420.	811	Kerrigan, Kevin	Male 60-64	13.		00:42:07	00:42:28
421.	1029	Mason, Stephanie	Female 40-44	11.	00:02:27	00:42:08	00:42:41

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
422.	314	Coe, Daniel	Male 35-39	48.	00:02:01	00:42:08	00:42:38
423.	1013	Marfisi, Amelia	Female 25-29	24.	00:02:27	00:42:09	00:42:48
424.	434	Dorken, David	Male 60-64	14.	00:02:15	00:42:09	00:42:27
425.	511	Fisk, Greg	Male 45-49	33.	00:02:39	00:42:10	00:42:52
426.	1489	Souter, Allison	Female 20-24	7.	00:02:21	00:42:10	00:42:31
427.	825	Kingston, Mitchell	Male 60-64	15.	00:02:21	00:42:10	00:42:31
428.	93	Aquino, Reiner	Male 35-39	49.	00:02:31	00:42:12	00:42:56
429.	1230	Peckover, Dave	Male 40-44	50.	00:02:08	00:42:12	00:43:29
430.	463	Edralin, John	Male 35-39	50.	00:02:03	00:42:13	00:43:56
431.	452	Durcan, Thomas	Male 40-44	1.	00:02:17	00:42:14	00:43:14
432.	1885	Ye, Jessie	Female 20-24	8.	00:02:28	00:42:16	00:42:52
433.	683	Hirji, Karim	Male 45-49	34.	00:02:05	00:42:18	00:43:18
434.	344	Cowan, Madeline	Female 15-19	4.	00:02:13	00:42:19	00:42:24
435.	1709	Wong Chew Onn, Keri	Female 30-34	18.	00:02:04	00:42:19	00:43:03
436.	169	Bhuyan, Ron	Male 40-44	51.	00:02:08	00:42:20	00:43:08
437.	1772	Mak, Sarah	Female 30-34	19.	00:02:11	00:42:21	00:42:44
438.	883	Landre, Amanda	Female 40-44	12.	00:02:22	00:42:22	00:43:19
439.	132	Bartrem, Richard	Male 55-59	21.	00:02:16	00:42:24	00:43:05
440.	1731	Yeomans, Grace	Female 30-34	20.	00:02:17	00:42:30	00:43:00
441.	1391	Saraci, Armir	Male 30-34	65.	00:02:15	00:42:33	00:43:19
442.	1665	Webster, Jacob	Male 25-29	54.	00:02:18	00:42:33	00:42:49
443.	1314	Revilla, Fernando	Male 30-34	66.	00:01:57	00:42:33	00:44:52
444.	1570	Thompson, Jeff	Male 40-44	52.	00:02:12	00:42:34	00:43:09
445.	1716	Wright, Anton	Male 45-49	35.	00:02:15	00:42:36	00:43:18
446.	443	Drudi, Cassandra	Female 40-44	13.	00:02:17	00:42:36	00:43:36
447.	102	Asaro, Pietro	Male 25-29	55.	00:01:45	00:42:37	00:44:38
448.	1671	Westwood, Tim	Male 65-69	6.	00:02:41	00:42:37	00:43:02
449.	631	Gupta, Aarushi	Female 25-29	25.	00:02:10	00:42:38	00:42:38
450.	986	Mai, Gordon	Male 35-39	51.	00:02:01	00:42:38	00:43:12
451.	1896	N, Vee	Female 40-44	14.	00:02:26	00:42:38	00:42:54
452.	471	Ellison, Candace	Female 30-34	21.	00:02:16	00:42:39	00:43:01
453.	1246	Phillip, Akeil	Male 35-39	52.	00:02:29	00:42:40	00:43:45
454.	915	Lee, Walter	Male 30-34	67.	00:02:36	00:42:41	00:43:25
455.	1674	Wheeler, Adam	Male 30-34	68.	00:01:59	00:42:41	00:44:02
456.	1103	Molinaro, Dom	Male 60-64	16.	00:02:23	00:42:42	00:43:31
457.	405	Dhue, Shawn	Male 25-29	56.	00:02:05	00:42:44	00:43:17
458.	460	Echeverry, Nicolas	Male 25-29	57.	00:02:10	00:42:46	00:44:56
459.	1215	Parimoo, Shireen	Female 25-29	26.	00:02:24	00:42:47	00:43:12
460.	563	Geertsema, Jeremy	Male 20-24	11.	00:02:00	00:42:47	00:43:15
461.	723	Hunter, Christine	Female 35-39	12.	00:02:16	00:42:49	00:43:33
462.	87	Angkaw, JP	Male 40-44	53.	00:02:13	00:42:51	00:43:34
463.	196	Bowry, Richard	Male 50-54	26.	00:02:26	00:42:52	00:43:22
464.	1774	Jackson, Steve	Male 40-44	54.	00:02:27	00:42:53	00:43:23
465.	1732	Yeomans, Jared	Male 30-34	69.	00:02:03	00:42:53	00:43:26
466.	1124	Muir, Catherine	Male 35-39	1.	00:01:58	00:42:55	00:45:11
467.	1322	Ribeiro De Andrade, Hasmine	Female 40-44	15.	00:02:21	00:42:57	00:43:44
468.	678	Hill, Darren	Male 35-39	53.	00:02:03	00:42:57	00:43:43

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
469.	1027	Martinez, Diego	Male 25-29	58.	00:02:04	00:42:58	00:43:37
470.	573	Gibbs, Jordan	Male 30-34	70.	00:02:06	00:42:58	00:43:43
471.	808	Keroglidis, Bridget	Female 45-49	9.	00:02:09	00:43:00	00:43:50
472.	755	Jdanova, Sofia	Female 25-29	27.	00:02:22	00:43:00	00:43:24
473.	1156	Nguyen, Josie	Female 35-39	13.	00:02:09	00:43:00	00:43:50
474.	1771	Young, Gary	Male 55-59	22.	00:02:51	00:43:06	00:43:29
475.	142	Beare, Dan	Male 35-39	54.	00:02:16	00:43:06	00:43:28
476.	1339	Rodriguez, Joshua	Male 25-29	59.	00:02:32	00:43:07	00:43:48
477.	881	Land, Ashley	Female 40-44	16.	00:02:26	00:43:07	00:43:50
478.	1609	Utenkova, Maria	Female 30-34	22.	00:02:28	00:43:07	00:44:23
479.	1546	Tangness, David	Male 30-34	71.	00:02:07	00:43:07	00:44:42
480.	1544	Tabak, Ash	Male 45-49	36.	00:02:11	00:43:08	00:43:36
481.	535	Fulton, Theresa	Female 50-54	4.	00:02:17	00:43:10	00:43:40
482.	1769	Wilkinson, Tim	Male 35-39	55.	00:02:09	00:43:11	00:44:26
483.	522	Francis, Anne	Female 60-64	3.	00:02:18	00:43:12	00:43:36
484.	1884	Ravenda, Sam	Female 45-49	10.	00:02:15	00:43:14	00:44:12
485.	1417	SÃ©vigny, Dominique	Female 25-29	28.	00:02:30	00:43:14	00:43:32
486.	923	Lehnert, Tabitha	Female 15-19	5.	00:02:13	00:43:15	00:43:54
487.	380	De, Lala	Male 25-29	60.	00:02:27	00:43:17	00:45:27
488.	1023	Martin, Lindsay	Female 30-34	23.	00:02:11	00:43:17	00:43:45
489.	838	Kosny, Mitchell	Male 70-74	3.	00:02:27	00:43:19	00:43:36
490.	254	Carlson, Laura	Female 35-39	14.	00:02:22	00:43:20	00:43:31
491.	1152	Ng, Thomas	Male 30-34	72.	00:02:10	00:43:21	00:43:32
492.	1599	Tuomi, Isabelle	Female 25-29	29.	00:02:14	00:43:21	00:44:39
493.	1404	Schumann, Robert	Male 50-54	27.	00:02:14	00:43:22	00:44:00
494.	217	Bruni, Suzana	Female 40-44	17.	00:02:14	00:43:22	00:44:00
495.	70	Agovski, Landi	Male 35-39	56.	00:02:23	00:43:23	00:43:30
496.	1748	Zemskova, Varvara	Female 30-34	24.	00:02:20	00:43:24	00:44:16
497.	485	F, Katy	Female 40-44	18.	00:02:03	00:43:24	00:44:37
498.	1536	Suriyanarayanan, Srinivas	Male 30-34	73.	00:02:32	00:43:24	00:44:05
499.	1271	Prevedel, Daniel	Male 35-39	57.	00:02:25	00:43:24	00:43:57
500.	1381	Salmon, J.J.	Male 50-54	28.	00:02:21	00:43:25	00:44:13
501.	1551	Tardif, Mathieu	Male 45-49	37.	00:02:13	00:43:25	00:43:56
502.	913	Lee, Phillip	Male 35-39	58.	00:02:18	00:43:26	00:43:49
503.	676	Higuera, Laura	Female 20-24	9.	00:02:16	00:43:26	00:44:11
504.	1038	McBride Blackmore, Tom	Male 30-34	74.	00:02:34	00:43:27	00:43:53
505.	731	Ibrahim, Adam	Male 30-34	75.	00:02:13	00:43:27	00:44:10
506.	445	Dubrofsky, Lisa	Female 30-34	25.	00:02:15	00:43:28	00:44:37
507.	67	Agmata, Ar-jay	Male 25-29	61.	00:02:16	00:43:29	00:43:54
508.	213	Brown, Lesley	Female 40-44	19.	00:02:35	00:43:29	00:44:14
509.	1474	Smyth, Carmel	Female 60-64	4.	00:02:51	00:43:29	00:44:17
510.	378	Day, Ryan	Male 45-49	38.	00:02:00	00:43:30	00:44:38
511.	829	Kirsh, Ryan	Male 25-29	62.	00:02:10	00:43:31	00:46:23
512.	1040	McCaughey, Anne	Female 45-49	11.	00:02:27	00:43:36	00:44:26
513.	815	Khan, Wakif	Male 35-39	59.	00:02:49	00:43:36	00:44:13
514.	548	Galle, Liz	Female 40-44	20.	00:02:40	00:43:37	00:44:08
515.	1224	Patterson, Allison	Female 45-49	12.	00:02:20	00:43:37	00:45:15

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
516.	495	Farrow, Brendan	Male 25-29	63.	00:02:19	00:43:38	00:44:33
517.	729	Hutchinson, Paul	Male 65-69	7.	00:02:38	00:43:38	00:44:10
518.	1539	Sylvester, Isaiah	Male 25-29	64.	00:02:17	00:43:38	00:44:36
519.	1669	Welke, Tim	Male 45-49	39.	00:02:19	00:43:39	00:44:10
520.	956	Lourenco, Adriana	Female 45-49	13.	00:02:24	00:43:40	00:44:22
521.	753	Jaroszewska, Zuzanna	Female 30-34	26.	00:02:21	00:43:40	00:44:30
522.	758	Jenkins, Dean	Male 50-54	29.	00:02:30	00:43:42	00:44:33
523.	1587	Tov, Mark	Male 25-29	65.	00:02:15	00:43:42	00:44:16
524.	1177	O'Connor, Jamie	Male 35-39	60.	00:01:56	00:43:43	00:45:57
525.	329	coopman, Barb	Female 35-39	15.	00:02:42	00:43:43	00:44:16
526.	702	Horosko, John	Male 35-39	61.	00:02:27	00:43:44	00:44:21
527.	96	Archer, Elizabeth	Female 30-34	27.	00:02:21	00:43:44	00:45:15
528.	136	Bathurst, Scott	Male 35-39	62.	00:02:27	00:43:45	00:44:11
529.	959	Lunardo, Jessica	Female 25-29	30.	00:02:14	00:43:46	00:44:31
530.	270	Cayaban, Joel Alvin	Male 30-34	76.	00:02:06	00:43:47	00:45:08
531.	1127	Mulligan, Sorchia	Female 30-34	28.	00:02:21	00:43:47	00:44:25
532.	1304	Redhead, Meaux	Female 35-39	16.	00:02:14	00:43:48	00:45:12
533.	743	Iyer, Vish	Male 45-49	40.	00:02:33	00:43:49	00:44:12
534.	1880	Iannone, Abbey	Female 20-24	10.	00:02:16	00:43:50	00:44:35
535.	230	Buzdon, Helen	Female 40-44	21.	00:02:09	00:43:53	00:44:59
536.	281	Chapman, Craig	Male 40-44	55.	00:02:17	00:43:54	00:44:20
537.	1659	Watson, Mark	Male 40-44	56.	00:02:40	00:43:56	00:44:28
538.	1512	Stewart, Geoffrey	Male 50-54	30.	00:02:07	00:43:56	00:44:38
539.	1440	Shunock, Zac	Male 30-34	77.	00:02:06	00:43:56	00:45:04
540.	737	Innes, Jamie	Female 20-24	11.	00:02:12	00:43:58	00:45:13
541.	1348	Rosenthal, Leila	Female 30-34	29.	00:02:20	00:43:58	00:45:11
542.	1010	Marcelo-Tanner, Aubrey Claire	Female 14 & Under	2.	00:02:17	00:44:00	00:44:55
543.	454	Dutfield, Stewart	Male 35-39	63.	00:02:25	00:44:03	00:45:38
544.	190	Bonutti, Adrianna	Female 30-34	30.	00:02:07	00:44:06	00:45:06
545.	1047	McDonald, Scott	Male 15-19	8.	00:02:06	00:44:08	00:44:59
546.	740	Isidro, Rhys	Male 20-24	12.	00:02:16	00:44:08	00:44:17
547.	888	Langstaff, Paul	Male 55-59	23.	00:01:42	00:44:08	00:44:46
548.	1355	Rousseau, Veronica	Female 40-44	22.	00:02:30	00:44:11	00:44:52
549.	624	Guan, Peining	Male 25-29	66.	00:02:13	00:44:11	00:45:14
550.	878	Lamb, Sean	Male 30-34	78.	00:02:46	00:44:12	00:44:33
551.	1363	Ruelas, Guillermo	Male 35-39	64.	00:02:18	00:44:14	00:45:27
552.	368	Daniluk, Shean	Male 50-54	31.	00:02:18	00:44:14	00:44:43
553.	1447	simpson, michael	Male 45-49	41.	00:02:32	00:44:14	00:44:25
554.	1437	Sherwood, Alex	Female 30-34	31.	00:02:20	00:44:17	00:44:46
555.	466	Efremenko, Bella	Female 25-29	31.	00:02:22	00:44:18	00:45:11
556.	887	Langford, Heather	Female 45-49	14.	00:02:24	00:44:18	00:45:29
557.	1372	Rutledge, Stuart	Male 45-49	42.	00:02:09	00:44:19	00:45:16
558.	1468	Smith, Jason	Male 45-49	43.	00:01:53	00:44:19	00:44:57
559.	1471	Smith, Owen	Male 15-19	9.	00:01:52	00:44:19	00:44:57
560.	1163	Nigro, Dawn	Female 50-54	5.	00:02:24	00:44:19	00:45:11
561.	1579	Tjin, Daryl	Female 25-29	32.	00:02:04	00:44:19	00:46:30
562.	694	Holt, Bryan	Male 35-39	65.	00:02:11	00:44:22	00:45:14

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
563.	823	King, Sean	Male 35-39	66.	00:02:12	00:44:22	00:45:14
564.	575	Gierling, Amanda	Female 35-39	17.	00:02:19	00:44:23	00:45:16
565.	726	Hurnik, Veronika	Female 55-59	3.	00:02:34	00:44:23	00:45:32
566.	597	Gordon, Mark	Male 25-29	67.	00:02:29	00:44:27	00:44:45
567.	1628	Vesic, Bogdan	Male 25-29	68.	00:02:15	00:44:27	00:45:08
568.	484	Eybel, Tanya	Female 45-49	15.	00:02:40	00:44:27	00:44:54
569.	1190	Orig, Garry	Male 45-49	44.	00:02:17	00:44:27	00:44:55
570.	656	Hawley, Devin	Male 35-39	67.	00:01:47	00:44:29	00:45:35
571.	259	Carter, Jesse	Male 30-34	79.	00:02:18	00:44:30	00:45:40
572.	1534	Summers, Kimberly	Female 35-39	18.	00:02:28	00:44:30	00:45:18
573.	521	Francescut, Megan	Female 25-29	33.	00:02:15	00:44:32	00:45:41
574.	587	Golbourne, Wycliffe	Male 50-54	32.	00:02:13	00:44:33	00:45:20
575.	187	Bolt, Andre	Male 30-34	80.	00:02:12	00:44:34	00:44:54
576.	152	Bejgu, Michael	Male 25-29	69.	00:02:25	00:44:37	00:45:18
577.	1170	North, Jenny	Female 40-44	23.	00:02:22	00:44:39	00:45:43
578.	751	Jamir, Ben-chanowk	Male 25-29	70.	00:02:27	00:44:41	00:46:08
579.	1180	Oh, Derek	Male 35-39	68.	00:02:36	00:44:43	00:46:20
580.	623	Groves, Damon	Male 35-39	69.	00:02:19	00:44:43	00:45:21
581.	56	Abdelnour, Nader	Male 45-49	45.	00:01:58	00:44:44	00:45:50
582.	1766	Batt, Emma	Female 40-44	24.	00:02:17	00:44:45	00:45:45
583.	1192	Osborne, Adelaide	Female 14 & Under	3.	00:02:06	00:44:50	00:45:37
584.	738	Innes, Katy	Female 35-39	19.	00:02:02	00:44:50	00:46:04
585.	1621	Vastine, Chris	Male 40-44	57.	00:02:17	00:44:50	00:45:38
586.	228	Butcher, Sam	Male 30-34	81.	00:01:41	00:44:52	00:46:01
587.	131	Bartrem, Peter	Male 60-64	17.	00:02:37	00:44:52	00:45:33
588.	549	Gallibour, Romain	Male 50-54	33.	00:02:27	00:44:52	00:45:44
589.	292	Cheung, Michelle	Female 20-24	12.	00:02:28	00:44:54	00:46:20
590.	1301	Rebello, Ry	Male 30-34	82.	00:02:30	00:44:56	00:45:18
591.	1287	Quintana, AimÃ©e	Female 30-34	32.	00:01:59	00:44:56	00:45:31
592.	714	Hoy, Jonathan	Male 30-34	83.	00:01:53	00:44:59	00:47:26
593.	1084	Miel, Marciano	Male 50-54	34.	00:02:19	00:44:59	00:45:45
594.	1874	Samayoa, Emma	Female 14 & Under	4.	00:02:23	00:45:01	00:46:19
595.	448	Duhamel, Krystyna	Female 40-44	25.		00:45:01	00:45:38
596.	1718	Wright, Jessica	Female 30-34	33.	00:02:08	00:45:05	00:46:19
597.	585	Gofton, Adam	Male 35-39	70.	00:02:28	00:45:06	00:46:14
598.	1547	Tanuwidjaja, Dewi	Female 40-44	26.	00:02:32	00:45:09	00:45:53
599.	1179	Ogrodnik, Natalia	Female 25-29	34.	00:02:14	00:45:09	00:46:52
600.	1694	Williams, Nicole	Female 25-29	35.	00:02:08	00:45:10	00:47:49
601.	1434	Sheppard, Phil	Male 45-49	46.	00:02:25	00:45:10	00:46:52
602.	360	Dâ€™Acunto, Luigi	Male 25-29	71.	00:01:48	00:45:11	00:47:19
603.	1193	Osborne, John	Male 40-44	58.	00:02:19	00:45:12	00:45:59
604.	1039	McCartney, Don	Male 50-54	35.	00:02:06	00:45:12	00:45:33
605.	1371	Rutherford, James	Male 40-44	59.	00:02:17	00:45:13	00:45:52
606.	1025	Martineau, Natalie	Female 35-39	20.	00:02:17	00:45:14	00:46:28
607.	1701	Wisniowski, Antoni	Male 55-59	24.	00:02:18	00:45:14	00:47:44
608.	117	Barabe, Pascal	Male 45-49	47.	00:02:07	00:45:15	00:46:05
609.	1672	Whang, Bonnie	Female 40-44	27.	00:02:38	00:45:16	00:46:18

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
610.	1145	Necuta, Andreea	Female 30-34	34.	00:02:29	00:45:19	00:45:24
611.	221	Buck, Cheryl	Female 30-34	35.	00:02:05	00:45:19	00:46:13
612.	171	Billyard Cross, Dave	Male 30-34	84.	00:02:10	00:45:19	00:46:23
613.	819	Khraplyva, Yuliya	Female 35-39	21.	00:02:23	00:45:19	00:50:47
614.	121	Barbosa, David	Male 40-44	60.	00:02:21	00:45:19	00:45:30
615.	1274	Prior, Christopher	Male 30-34	85.	00:02:01	00:45:21	00:46:27
616.	1299	Rasmussen, Katie	Female 35-39	22.	00:02:42	00:45:21	00:48:25
617.	869	Laflamme, James	Male 35-39	71.	00:02:15	00:45:22	00:46:26
618.	1865	Pootmans, Riley	Female 14 & Under	5.	00:02:08	00:45:24	00:45:44
619.	1046	McDonald, Rob	Male 60-64	18.	00:02:28	00:45:24	00:46:15
620.	1864	Adams-Pootmans, Tanya	Female 45-49	16.	00:02:10	00:45:25	00:45:45
621.	464	Edwards, Kate	Female 40-44	28.	00:02:20	00:45:25	00:46:44
622.	826	Kinnarath, Raheem	Male 25-29	72.	00:02:11	00:45:27	00:46:29
623.	437	Dosanjh, Raj	Female 50-54	6.	00:02:28	00:45:27	00:46:21
624.	1060	mclauchlan, doug	Male 75-79	1.	00:02:30	00:45:30	00:46:10
625.	1347	Rose, Lori	Female 40-44	29.	00:02:13	00:45:32	00:46:52
626.	519	Foster, Zach	Male 25-29	73.	00:02:23	00:45:33	00:46:49
627.	1622	Vasylyk, Andrew	Male 30-34	86.	00:02:12	00:45:35	00:46:48
628.	791	Kato, Anna	Female 55-59	4.	00:02:22	00:45:37	00:46:26
629.	1298	Raponi, Angela	Female 20-24	13.	00:02:26	00:45:38	00:46:57
630.	1184	Ojani, Hossein	Male 30-34	87.		00:45:40	00:46:33
631.	1389	Santia, Steven	Male 40-44	61.	00:01:45	00:45:40	00:46:35
632.	247	Cannon, Michael	Male 30-34	88.	00:02:03	00:45:41	00:46:02
633.	1641	Vopni, Harrison	Male 20-24	13.	00:02:19	00:45:41	00:47:25
634.	1203	Padmaseelan, Vagee	Male 40-44	62.	00:02:28	00:45:41	00:47:21
635.	961	Lundin, Maria	Female 50-54	7.	00:02:19	00:45:42	00:46:52
636.	783	Kandiah, Brandon	Male 25-29	74.	00:02:12	00:45:43	00:47:26
637.	1432	Shelston, Benoit	Male 35-39	72.	00:02:08	00:45:43	00:46:45
638.	1337	Rodricks, Trisha	Female 30-34	36.	00:02:14	00:45:44	00:47:24
639.	333	Costo, Michael	Male 35-39	73.	00:02:15	00:45:44	00:46:10
640.	1244	Pezzano, Morris	Male 50-54	36.	00:02:21	00:45:44	00:47:29
641.	998	Mandryk, Joshua	Male 30-34	89.	00:02:17	00:45:45	00:47:56
642.	880	Lambing, John	Male 55-59	25.	00:03:05	00:45:45	00:47:06
643.	115	Bangalore, Suhas	Male 30-34	90.	00:02:52	00:45:47	00:48:00
644.	1194	O'Toole, Zack	Male 30-34	91.	00:02:21	00:45:47	00:47:24
645.	969	Maciejowski, Stephen	Male 35-39	74.	00:01:52	00:45:48	00:46:42
646.	1428	Sharpe, Fintan	Male 15-19	10.	00:01:42	00:45:50	00:46:29
647.	765	Jonas, Maya	Female 60-64	5.	00:02:17	00:45:50	00:46:34
648.	1393	Sawyer, Jeremy	Male 35-39	75.	00:02:07	00:45:50	00:46:26
649.	1210	Pansoy, Andrea	Female 40-44	30.	00:02:16	00:45:51	00:46:19
650.	426	Donnelly, Mark	Male 30-34	92.	00:03:37	00:45:52	00:47:29
651.	1738	Young, Steve	Male 45-49	48.	00:02:44	00:45:53	00:46:33
652.	1220	Patel, Aarna	Female 14 & Under	6.	00:02:16	00:45:53	00:46:37
653.	1222	Patel, Purvin	Male 40-44	63.	00:02:15	00:45:53	00:46:37
654.	440	Dove, Brian	Male 40-44	64.	00:02:42	00:45:54	00:46:53
655.	1607	Urch, Bruce	Male 65-69	8.	00:02:38	00:45:54	00:46:17
656.	1543	Szacki, Jillian	Female 30-34	37.	00:02:24	00:45:54	00:46:46

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
657.	1443	Silverberg, Jackie	Female 70-74	1.	00:02:30	00:45:56	00:46:41
658.	1626	Verbovszky, Jason	Male 45-49	49.	00:02:39	00:45:56	00:46:29
659.	214	Browning, Simon	Male 50-54	37.	00:02:26	00:45:56	00:47:23
660.	1862	Choe, Alice	Female 30-34	38.	00:02:09	00:45:58	00:47:32
661.	1742	ZAKRZEWSKI, Saida	Female 35-39	23.	00:02:34	00:45:59	00:46:50
662.	1618	VandenBerg, Elyse	Female 35-39	24.	00:02:25	00:46:00	00:47:15
663.	1051	McGee, Shannon	Female 35-39	25.	00:02:25	00:46:00	00:46:33
664.	1248	Pickett, Stephanie	Female 40-44	31.	00:02:09	00:46:01	00:46:59
665.	1483	Soleimani, Hamed	Male 25-29	75.	00:02:19	00:46:03	00:47:06
666.	1852	Lau, Michelle	Female 45-49	17.	00:02:26	00:46:03	00:46:43
667.	1635	Visperas, Daisy	Female 40-44	32.	00:03:00	00:46:04	00:46:08
668.	350	Crochetiere, Erin	Female 30-34	39.	00:02:01	00:46:04	00:46:57
669.	850	Kuczera, Peter	Male 35-39	76.	00:02:02	00:46:05	00:46:58
670.	779	Kalendra, Rytas	Male 15-19	11.	00:02:27	00:46:06	00:46:21
671.	1667	Wehrle, Kathryn	Female 40-44	33.	00:02:15	00:46:06	00:46:50
672.	1252	Piggott, Mark	Male 35-39	77.	00:02:26	00:46:06	00:47:42
673.	1572	Thomson, Stephen	Male 35-39	78.	00:02:25	00:46:08	00:46:44
674.	296	Chisholm, Leanne	Female 40-44	34.	00:02:36	00:46:09	00:47:14
675.	650	Hart, Ron	Male 65-69	9.	00:02:37	00:46:10	00:47:09
676.	1637	Vlad, Julia	Female 35-39	26.	00:02:03	00:46:10	00:49:02
677.	1848	Good, Spenser	Male 30-34	93.	00:02:38	00:46:12	00:47:15
678.	1893	Hosannah, Crystal	Female 35-39	27.	00:02:27	00:46:12	00:46:37
679.	1418	Sexton, Bryn	Female 35-39	28.	00:02:06	00:46:12	00:47:18
680.	1564	Thirunavukkarasu, Deenojan	Male 30-34	94.	00:02:29	00:46:13	00:47:15
681.	232	Bynum, Alex	Female 35-39	29.	00:02:40	00:46:15	00:48:05
682.	358	Cunningham, Sophie	Female 30-34	40.	00:02:40	00:46:15	00:47:24
683.	470	Elliott, Tammy	Female 45-49	18.	00:02:34	00:46:16	00:47:21
684.	789	Kaster, Mitchell	Male 30-34	95.	00:02:21	00:46:16	00:47:16
685.	1345	Roode, Keith	Male 40-44	65.	00:02:39	00:46:16	00:47:02
686.	626	Guido, Jose	Male 40-44	66.	00:02:20	00:46:18	00:48:48
687.	339	Cousins, Ben	Male 30-34	96.	00:02:40	00:46:20	00:47:31
688.	1199	Oyekunle, Mofope	Male 25-29	76.	00:01:52	00:46:22	00:46:50
689.	284	Chawla, Keshav	Male 20-24	14.	00:02:12	00:46:22	00:47:30
690.	1026	Martinez, Camilo	Male 55-59	26.	00:02:47	00:46:24	00:47:04
691.	525	Franco Vergara, Luis Antonio	Male 25-29	77.	00:02:17	00:46:26	00:47:55
692.	252	CarÃ©, Max	Male 20-24	15.	00:02:30	00:46:28	00:47:23
693.	1401	Schmidt, Brian	Male 35-39	79.	00:02:20	00:46:28	00:47:13
694.	1897	Dhindsa, Yuvraj	Male 20-24	16.	00:02:14	00:46:29	00:48:33
695.	1506	Stein, Jacqueline	Female 35-39	30.	00:02:33	00:46:29	00:47:37
696.	467	Elchakieh, Justin	Male 30-34	97.	00:02:11	00:46:30	00:51:15
697.	900	Lavery, Brittany	Female 35-39	31.	00:02:29	00:46:31	00:47:00
698.	1165	Niu, Jingcheng	Male 25-29	78.	00:02:24	00:46:34	00:47:19
699.	90	Anwar, Haseeb	Male 45-49	50.	00:02:31	00:46:36	00:47:46
700.	342	Cowan, James	Male 45-49	51.	00:02:17	00:46:37	00:47:39
701.	318	Colangelo, Laura	Female 25-29	36.	00:02:25	00:46:38	00:47:41
702.	1776	Chow, Alvin	Male 25-29	79.	00:02:35	00:46:39	00:47:18
703.	614	Gray, Matthew	Male 35-39	80.	00:02:26	00:46:39	00:47:18

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
704.	904	Lee, Benjamin	Male 30-34	98.	00:02:49	00:46:42	00:48:17
705.	865	L, Pat	Male 35-39	81.	00:02:40	00:46:43	00:48:13
706.	828	Kirby, Carolyn	Female 55-59	5.	00:02:35	00:46:44	00:48:10
707.	1007	MARASIGAN, PAOLO	Male 30-34	99.	00:02:05	00:46:45	00:47:33
708.	1216	Parisien, Jared	Male 20-24	17.	00:02:22	00:46:48	00:47:45
709.	845	Kozelj, Stephanie	Female 45-49	19.	00:02:51	00:46:54	00:48:09
710.	912	Lee, Odelia	Female 30-34	41.	00:01:55	00:46:56	00:49:19
711.	1416	Servinis, Robyn	Female 45-49	20.	00:02:45	00:46:57	00:48:16
712.	346	Cram, Claire	Female 60-64	6.	00:02:43	00:46:57	00:47:36
713.	1556	Tehara, Ben	Male 35-39	82.	00:02:20	00:46:57	00:48:56
714.	224	Burns, Bridget	Female 40-44	35.	00:02:32	00:46:57	00:47:51
715.	415	Diodati, Jim	Male 65-69	10.	00:02:38	00:46:58	00:47:49
716.	1700	Wiseman, Char	Non-Binary 50-54	1.	00:02:37	00:47:00	00:47:50
717.	482	Evans, Tim	Male 40-44	67.	00:03:08	00:47:00	00:48:12
718.	410	Diaz, Maria	Female 25-29	37.	00:02:33	00:47:00	00:49:11
719.	990	Makowiecka, Andrea	Female 40-44	36.	00:02:34	00:47:01	00:47:42
720.	1892	Rai, Yuva	Female 35-39	32.	00:02:51	00:47:03	00:48:07
721.	220	Buchegger, Eric	Male 45-49	52.	00:02:25	00:47:03	00:47:32
722.	1034	Mattiuz, Amanda	Female 40-44	37.	00:02:36	00:47:03	00:48:34
723.	843	Kowalchuk, Alexander	Male 25-29	80.	00:02:12	00:47:08	00:48:31
724.	903	Lazniewski, Daniel	Male 30-34	100.	00:01:59	00:47:08	00:48:38
725.	1080	Meyer, Ashley	Female 35-39	33.	00:02:35	00:47:11	00:47:40
726.	1562	Tenhove, Sean	Male 15-19	12.	00:02:06	00:47:14	00:49:16
727.	1843	Halkevych, Antin	Male 45-49	1.	00:02:32	00:47:15	00:48:09
728.	1356	Rowland, Alison	Female 40-44	38.	00:02:27	00:47:15	00:48:36
729.	203	Bratt, Ross	Male 30-34	101.	00:02:47	00:47:17	00:48:27
730.	528	Freedman, Patricia	Female 50-54	8.	00:02:45	00:47:18	00:48:11
731.	1491	Souter, Tom	Male 20-24	18.	00:02:35	00:47:19	00:47:40
732.	269	Caxaj-ruiz, Paula mercedes	Female 35-39	34.	00:02:23	00:47:21	00:49:29
733.	1571	Thompson, Madeline	Female 35-39	35.	00:02:14	00:47:22	00:50:13
734.	625	Guard, Rebecca	Female 30-34	42.	00:02:19	00:47:22	00:48:29
735.	970	MacKay, Julianne	Female 30-34	43.	00:02:29	00:47:22	00:49:46
736.	1394	Saynorath, Nar	Male 25-29	81.	00:02:36	00:47:22	00:48:57
737.	436	dos Santos, Paulo Henrique	Male 45-49	53.	00:02:13	00:47:23	00:48:42
738.	1317	Reyes, Jesus	Male 30-34	102.	00:02:31	00:47:23	00:47:49
739.	672	Hershler, Abby	Female 50-54	9.	00:02:28	00:47:25	00:48:15
740.	1113	Moore, Victoria	Female 30-34	44.	00:02:45	00:47:26	00:47:59
741.	1900	Kivi, Diana	Female 50-54	10.		00:47:27	00:47:27
742.	320	Collins, Stephen	Male 45-49	54.	00:02:33	00:47:28	00:48:18
743.	805	Kenyon, Miles	Male 35-39	83.	00:02:21	00:47:28	00:48:21
744.	692	Holliss, Sam	Male 50-54	38.	00:02:17	00:47:28	00:48:29
745.	192	Boucher, Edith	Female 55-59	6.	00:02:36	00:47:28	00:48:40
746.	950	Loh-Kandylis, Allison	Female 45-49	21.	00:02:44	00:47:29	00:48:25
747.	77	Allison, Gareth	Male 50-54	39.	00:02:13	00:47:30	00:48:12
748.	1332	Robertson, Meg	Female 30-34	45.	00:02:11	00:47:31	00:48:40
749.	835	Ko, Rachel	Female 25-29	38.	00:01:39	00:47:32	00:48:41
750.	312	Cockburn, Ian	Male 55-59	27.	00:02:36	00:47:34	00:49:00

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
751.	1485	Sones, Harrison	Male 35-39	84.	00:02:22	00:47:38	00:49:19
752.	155	Bell, David	Male 55-59	28.	00:02:21	00:47:39	00:48:22
753.	154	Bell, Catherine	Female 25-29	39.	00:02:21	00:47:39	00:48:22
754.	144	Beattie, Christine	Female 55-59	7.	00:02:39	00:47:41	00:48:27
755.	100	Arora, Gurkanwal	Male 25-29	82.	00:02:24	00:47:44	00:48:47
756.	356	Cumpstey, James	Male 30-34	103.	00:02:16	00:47:44	00:49:47
757.	280	Chanan, Anant	Male 25-29	83.	00:02:25	00:47:45	00:48:47
758.	1020	Martelli, Andre	Male 40-44	68.	00:03:14	00:47:45	00:48:09
759.	802	Kennedy, Paula	Female 30-34	46.	00:02:47	00:47:46	00:48:37
760.	345	Cowan, Reina	Female 25-29	40.	00:02:49	00:47:46	00:48:31
761.	911	Lee, Michelle	Female 25-29	41.	00:02:44	00:47:48	00:48:53
762.	947	Liu, Alice	Female 25-29	42.	00:02:22	00:47:51	00:50:05
763.	128	Barsby, Anthony	Male 30-34	104.	00:02:46	00:47:51	00:48:39
764.	968	Macdonald, Johanna	Female 40-44	39.		00:47:56	00:49:54
765.	1164	Nihill, Bryn	Female 40-44	40.	00:02:54	00:47:56	00:48:54
766.	1009	Marcelo-Tanner, Andrea Soleil	Female 15-19	6.	00:02:32	00:47:57	00:48:50
767.	768	Jones, Mike	Male 35-39	85.	00:02:05	00:47:57	00:49:19
768.	219	Buchan, Paul	Male 40-44	69.	00:02:38	00:47:58	00:48:52
769.	833	Knight, Roland	Male 55-59	29.	00:02:39	00:47:58	00:48:45
770.	240	Cameron, Rob	Male 45-49	55.	00:02:12	00:48:00	00:50:08
771.	1035	Maxwell, Emerson	Male 25-29	84.	00:02:33	00:48:01	00:49:43
772.	560	Gaudio, Emma	Female 25-29	43.	00:02:32	00:48:01	00:49:43
773.	1510	Stepanenko, Elena	Female 40-44	41.	00:02:38	00:48:01	00:48:36
774.	1722	Wucher, Liam	Male 35-39	86.	00:02:34	00:48:01	00:49:42
775.	447	Duffy, Sinead	Female 25-29	44.	00:02:37	00:48:02	00:49:41
776.	191	Boodram, Sherry	Female 40-44	42.	00:02:52	00:48:02	00:49:20
777.	677	Hiles, Rory	Male 35-39	87.	00:02:23	00:48:03	00:50:27
778.	239	Cameron, Marlo	Female 35-39	36.	00:02:29	00:48:04	00:49:12
779.	1079	Meston, Judi	Female 55-59	8.	00:02:43	00:48:06	00:48:59
780.	1380	Salichuk, Liam	Male 30-34	105.	00:02:48	00:48:10	00:49:21
781.	1464	Smith, Brooke	Female 55-59	9.	00:02:48	00:48:12	00:48:58
782.	1313	Retanal, Charmaine	Female 25-29	45.	00:02:28	00:48:14	00:49:11
783.	1214	Pare, William	Male 15-19	13.	00:01:52	00:48:16	00:49:40
784.	554	Gana, Raymond	Male 50-54	40.	00:03:10	00:48:16	00:49:14
785.	1077	Mendoza Lopez, Brenda	Female 35-39	37.	00:02:36	00:48:16	00:49:58
786.	1284	Pytlak, Allison	Female 40-44	43.	00:02:33	00:48:16	00:49:17
787.	706	Houston, Devin	Male 25-29	85.	00:02:17	00:48:17	00:49:45
788.	406	Di Gregorio, Noelle	Female 35-39	38.	00:02:30	00:48:18	00:49:01
789.	327	Coombs, David	Male 65-69	11.	00:02:51	00:48:19	00:49:34
790.	309	Clayton, Emily	Female 40-44	44.	00:02:37	00:48:19	00:49:07
791.	1225	Patterson, Amy	Female 35-39	39.	00:02:39	00:48:20	00:48:54
792.	1008	Marcelo-Tanner, Andre Jay	Male 35-39	88.	00:02:36	00:48:20	00:49:14
793.	1364	Ruiz, Austin	Male 40-44	70.	00:02:28	00:48:22	00:49:16
794.	794	Kaul, Savar	Male 25-29	86.	00:02:39	00:48:22	00:49:31
795.	1660	Watts, Jessica	Female 30-34	47.	00:02:34	00:48:23	00:50:31
796.	1159	Nichani, Gunjan	Female 25-29	46.	00:02:34	00:48:24	00:49:31
797.	909	Lee, Jayson	Male 45-49	56.	00:02:25	00:48:25	00:50:14

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
798.	261	Carvajal, Mimi	Female 55-59	10.	00:02:31	00:48:26	00:49:44
799.	832	Klein, Dennis	Male 50-54	41.	00:02:14	00:48:27	00:49:39
800.	830	Klein, Alex	Male 45-49	57.	00:02:14	00:48:27	00:49:39
801.	813	Khan, Fahd	Male 40-44	71.	00:02:48	00:48:29	00:49:17
802.	135	Bath, Nitán	Female 35-39	40.	00:02:35	00:48:29	00:49:25
803.	1395	Schatzker, Emily	Female 35-39	41.	00:02:40	00:48:30	00:49:48
804.	176	Blachford, Christopher	Male 30-34	106.	00:02:45	00:48:31	00:48:55
805.	317	Colangelo, Cheryl	Female 60-64	7.	00:02:47	00:48:32	00:49:35
806.	1770	Goldberg, Lev	Male 25-29	87.	00:02:13	00:48:32	00:50:00
807.	1282	Pui, Nolan	Male 14 & Under	6.	00:01:59	00:48:35	00:49:47
808.	253	Carli, Olivia	Female 30-34	48.	00:02:26	00:48:35	00:50:30
809.	1053	McGillivray, Lee	Female 45-49	22.	00:02:34	00:48:37	00:49:22
810.	168	Bever, Fred	Male 65-69	12.	00:02:42	00:48:37	00:49:21
811.	975	MacMillan, Mary Beth	Female 40-44	45.	00:02:50	00:48:37	00:49:37
812.	558	Gardiner, Neil	Male 50-54	42.	00:02:43	00:48:40	00:49:42
813.	1014	Marrie, Megan	Female 40-44	46.	00:02:21	00:48:41	00:50:08
814.	1450	Singh, Anthony	Male 40-44	72.	00:03:00	00:48:41	00:49:37
815.	890	Lantsov, Denis	Male 25-29	88.	00:02:23	00:48:42	00:49:24
816.	589	GONZALEZ ROJAS, Roberto Carlos	Male 40-44	73.	00:02:58	00:48:42	00:49:26
817.	205	Brejak, Emma	Female 40-44	47.	00:02:41	00:48:42	00:49:31
818.	1859	Mazic, Nina	Female 40-44	48.	00:02:10	00:48:44	00:50:08
819.	617	Greco, Maria	Female 30-34	49.	00:02:45	00:48:45	00:50:17
820.	933	Lewis, Amanda	Female 30-34	50.	00:02:43	00:48:46	00:49:39
821.	1350	Rosete, John Ralph	Male 35-39	89.	00:02:38	00:48:47	00:49:15
822.	1422	Shafie, Sharene	Female 25-29	47.	00:02:16	00:48:48	00:50:29
823.	474	Emanuele, Amanda	Female 30-34	51.	00:02:32	00:48:49	00:50:35
824.	1134	Murphy, Rosa	Female 35-39	42.	00:02:42	00:48:49	00:50:04
825.	1763	Li, Louis	Male 15-19	14.	00:02:48	00:48:50	00:50:08
826.	752	Jamison, Brooke	Female 50-54	11.	00:02:33	00:48:51	00:50:01
827.	301	Chow, Edith	Female 30-34	52.	00:02:53	00:48:51	00:49:45
828.	1415	Seok, Jason	Male 50-54	43.	00:02:44	00:48:51	00:50:08
829.	1098	Mitchell, Kari	Female 40-44	49.	00:02:40	00:48:52	00:50:12
830.	1070	Meggett, Rob	Male 45-49	58.	00:02:43	00:48:54	00:50:03
831.	1374	Sabeniano, Jonathan	Male 25-29	89.	00:02:19	00:48:54	00:50:25
832.	1656	Wardhana, Kingman	Male 40-44	74.	00:02:44	00:48:54	00:49:47
833.	64	Adare, Adrienne	Female 40-44	50.	00:02:59	00:48:56	00:51:04
834.	697	Hooper, Chelsea	Female 40-44	51.	00:03:20	00:48:57	00:50:21
835.	1582	Tomlin, Louisa	Female 30-34	53.	00:02:23	00:49:00	00:50:18
836.	1857	Seeman, Geoff	Male 25-29	90.	00:02:08	00:49:02	00:50:18
837.	1517	Stolys, Kyle	Male 25-29	91.	00:02:09	00:49:03	00:50:18
838.	82	Anderson, Caroline	Female 55-59	11.	00:02:43	00:49:04	00:50:05
839.	295	Chhouk, Lena	Female 25-29	48.	00:02:30	00:49:05	00:50:14
840.	1761	Zubel, David	Male 45-49	59.	00:02:22	00:49:06	00:50:21
841.	1229	Pearson, Stewart	Male 25-29	92.	00:02:31	00:49:06	00:50:14
842.	153	Bekkers, Dayna	Female 20-24	14.	00:02:37	00:49:06	00:50:34
843.	1258	Pirbhai, Juzar	Male 45-49	60.	00:02:48	00:49:08	00:50:51
844.	874	Lam, Janet	Female 30-34	54.	00:03:08	00:49:08	00:49:38

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
845.	1267	Posner, Michelle	Female 40-44	52.	00:02:48	00:49:09	00:50:33
846.	1135	Murray, James	Male 30-34	107.	00:02:14	00:49:10	00:50:06
847.	218	Bryant, Heather	Female 30-34	55.	00:02:26	00:49:10	00:50:31
848.	229	Butler Flores, Ana Karen	Female 25-29	49.	00:02:56	00:49:11	00:50:34
849.	354	Cruickshank, Peter	Male 50-54	44.	00:02:42	00:49:12	00:49:56
850.	1601	Turcot, Greg	Male 60-64	19.	00:02:47	00:49:12	00:50:14
851.	1096	Mitchell, Dana	Female 40-44	53.	00:03:16	00:49:15	00:49:47
852.	1663	Weaver, Adriel	Female 45-49	23.	00:02:46	00:49:15	00:50:59
853.	164	Berberi, Fation	Male 35-39	90.	00:02:39	00:49:16	00:50:03
854.	792	Katona, Daniel	Male 25-29	93.	00:02:45	00:49:17	00:50:36
855.	160	Bennett, Jalani	Male 25-29	94.	00:02:04	00:49:18	00:51:39
856.	1307	Regalado, Jonathon	Male 35-39	91.	00:01:50	00:49:18	00:50:18
857.	638	Haney, Lisa	Female 30-34	56.	00:02:27	00:49:18	00:50:38
858.	1522	Stubbs, Carly	Female 30-34	57.	00:02:54	00:49:20	00:50:07
859.	1365	Rukavina-Nolsoe, Maya	Female 20-24	15.	00:02:35	00:49:21	00:50:46
860.	204	Breeze, Heather	Female 30-34	58.	00:02:44	00:49:23	00:51:01
861.	1324	Rice, Matthew	Male 30-34	108.	00:02:56	00:49:23	00:50:28
862.	1883	Diament, Marina	Female 30-34	59.	00:03:07	00:49:24	00:50:44
863.	1341	Rogowska, Joanna	Female 55-59	12.	00:02:43	00:49:25	00:51:04
864.	498	Fedchak, Christen	Male 45-49	61.	00:02:49	00:49:26	00:50:30
865.	690	Hogarth, Lindsay	Female 35-39	43.	00:02:34	00:49:28	00:51:39
866.	185	Boduel, Chantelle	Female 30-34	60.	00:02:55	00:49:28	00:50:23
867.	537	Furlano, Caterina	Female 45-49	24.	00:02:24	00:49:30	00:50:28
868.	608	Graham, Victoria	Female 30-34	61.	00:02:36	00:49:31	00:51:09
869.	1066	MCRORIE, PAUL	Male 35-39	92.	00:02:27	00:49:31	00:51:11
870.	607	Graham, Gary	Male 65-69	13.	00:03:06	00:49:33	00:50:17
871.	462	Eder, Donna	Female 45-49	25.	00:02:53	00:49:33	00:50:22
872.	746	Jackson, Grant	Male 55-59	30.	00:02:50	00:49:34	00:51:00
873.	840	Kotisa, Robin	Female 40-44	54.	00:02:38	00:49:37	00:51:09
874.	801	Kelly, Chris	Male 55-59	31.	00:02:57	00:49:38	00:50:31
875.	167	Bernatchez, Annie	Female 40-44	55.	00:02:28	00:49:38	00:51:09
876.	691	Hojilla, Carlo	Male 45-49	62.	00:02:32	00:49:38	00:50:33
877.	490	Fallon, Enda	Male 35-39	93.	00:02:43	00:49:38	00:51:49
878.	108	Atkinson, Michael	Male 30-34	109.		00:49:42	00:49:42
879.	336	Coulbeck, Lisa	Female 30-34	62.	00:02:31	00:49:45	00:51:10
880.	1125	Mulder, Jessica	Female 35-39	44.	00:02:32	00:49:45	00:51:15
881.	637	Hancox, Matthew	Male 30-34	110.	00:02:57	00:49:47	00:50:45
882.	1293	Ragno, Lisa	Female 30-34	63.	00:02:27	00:49:49	00:51:51
883.	1518	Straatsma, Sarah	Female 35-39	45.	00:02:49	00:49:50	00:51:50
884.	1251	Pietrangelo, Cam	Male 60-64	20.	00:03:00	00:49:51	00:51:09
885.	1728	Yan, Juan	Female 30-34	64.	00:03:00	00:49:51	00:50:37
886.	1567	Thomas, Elinor	Female 30-34	65.	00:02:33	00:49:51	00:51:10
887.	1578	Tiong, Margaret	Female 40-44	56.	00:03:02	00:49:53	00:50:57
888.	1275	Prior, Olivia	Female 25-29	50.	00:02:22	00:49:53	00:50:53
889.	1614	Van de Kemp, Aimee	Female 15-19	7.	00:02:44	00:49:56	00:51:35
890.	1329	Rivan, Cari	Female 35-39	46.	00:02:43	00:49:58	00:52:01
891.	583	Gligorijevic, Katarina	Female 30-34	66.	00:02:21	00:50:00	00:51:35

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
892.	1228	Peachey Higdon, Ben	Male 30-34	111.	00:02:34	00:50:01	00:51:12
893.	774	K, Kevin	Male 40-44	75.	00:02:27	00:50:01	00:52:19
894.	195	Bowman, Ken	Male 55-59	32.	00:02:49	00:50:02	00:51:03
895.	459	Earle, Lindsay	Female 40-44	57.	00:02:37	00:50:02	00:51:39
896.	159	Bennett, Colin	Male 30-34	112.	00:03:05	00:50:03	00:51:31
897.	189	Bongalon, Katrina	Female 25-29	51.	00:02:33	00:50:07	00:52:25
898.	492	Farahvash, Armin	Male 25-29	95.	00:02:49	00:50:09	00:51:13
899.	1099	Mitra, Aniket	Male 35-39	94.	00:02:49	00:50:10	00:52:19
900.	1336	Rodericks, Colleen	Female 45-49	26.	00:02:46	00:50:11	00:51:43
901.	1308	Reid, Stephanie	Female 40-44	58.	00:02:33	00:50:11	00:52:10
902.	304	Ciente, Elise	Female 35-39	47.	00:02:35	00:50:12	00:51:08
903.	561	Gavilanes, Carol	Female 35-39	48.	00:02:42	00:50:13	00:51:32
904.	681	HIPOLITO, JOHN MCALLISTER	Male 30-34	113.	00:02:44	00:50:15	00:50:40
905.	722	Hunt, William	Male 30-34	114.	00:02:19	00:50:15	00:52:26
906.	936	Li, Bruce	Male 40-44	76.	00:02:41	00:50:15	00:52:31
907.	222	Buehler, Laura	Female 25-29	52.	00:02:10	00:50:15	00:51:58
908.	705	Houston, Connor	Male 20-24	19.	00:02:30	00:50:15	00:51:45
909.	1775	Martin, Nathan	Male 40-44	77.	00:02:40	00:50:16	00:52:00
910.	370	Dares, Angela	Female 30-34	67.	00:02:32	00:50:16	00:51:22
911.	1068	MECHSHANKIN, NIKOLAY	Male 50-54	45.	00:02:49	00:50:16	00:51:46
912.	1309	Reilly, Carly	Female 30-34	68.	00:02:52	00:50:16	00:50:55
913.	772	Jovanovich, Milena	Female 30-34	69.	00:02:43	00:50:17	00:51:07
914.	747	Jacobs, Nicolette	Female 45-49	27.	00:03:22	00:50:17	00:51:56
915.	53	Abalos, Fredric	Male 35-39	95.	00:03:03	00:50:19	00:51:56
916.	611	Grant, John	Male 50-54	46.	00:03:04	00:50:19	00:51:05
917.	182	Blyth, Todd	Male 25-29	96.	00:02:53	00:50:21	00:51:40
918.	1445	Simons, Katarina	Female 55-59	13.	00:02:58	00:50:22	00:51:25
919.	1577	Timmerman, Ilse	Female 20-24	16.	00:02:57	00:50:22	00:51:12
920.	1276	Prom, Cindy	Female 30-34	70.		00:50:23	00:50:23
921.	787	KARKHILE, MANISHA	Female 35-39	49.	00:02:47	00:50:25	00:51:39
922.	1469	Smith, Lawrence	Male 70-74	4.	00:02:32	00:50:28	00:51:58
923.	515	Ford, Darryl	Male 50-54	47.	00:02:11	00:50:29	00:51:51
924.	1651	Wang, Ying	Female 30-34	71.	00:02:26	00:50:35	00:52:57
925.	921	Lehal, Paul	Male 50-54	48.	00:02:32	00:50:37	00:52:02
926.	1492	Spencer, Erin	Female 35-39	50.	00:03:09	00:50:38	00:51:57
927.	1585	Torres, JC	Male 45-49	63.	00:02:19	00:50:40	00:52:13
928.	1611	Valdez, Glyn	Male 45-49	64.	00:02:54	00:50:41	00:51:07
929.	1289	Rad, Farzin	Male 60-64	21.	00:02:54	00:50:41	00:52:14
930.	332	Costo, Liza	Female 40-44	59.		00:50:42	00:51:08
931.	1139	nagy, linda loo	Female 50-54	12.	00:02:34	00:50:42	00:51:13
932.	720	Hung, Fan Yat John	Male 15-19	15.	00:02:30	00:50:42	00:52:08
933.	1044	McCrimmon, Morgan	Female 25-29	53.	00:02:37	00:50:43	00:52:26
934.	112	Baldassarra, Giana	Female 35-39	51.	00:02:49	00:50:44	00:51:47
935.	1213	Pare, Lindsay	Female 35-39	52.	00:02:49	00:50:45	00:51:40
936.	1167	Noonan, Andrew	Male 45-49	65.	00:02:32	00:50:46	00:51:51
937.	659	Hayward, Sarah	Female 45-49	28.	00:02:46	00:50:47	00:51:56
938.	934	Leyden, Adriannah	Female 25-29	54.	00:02:52	00:50:48	00:52:01

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
939.	1176	O'Connell, Sarah	Female 30-34	72.	00:02:39	00:50:51	00:52:15
940.	489	Fallarco, James	Male 25-29	97.	00:03:02	00:50:51	00:51:32
941.	1631	Vidotto, Natalie	Female 55-59	14.	00:03:15	00:50:52	00:51:37
942.	92	Aquino, Delfina	Female 40-44	60.	00:03:14	00:50:54	00:52:00
943.	510	Fisher, Jessica	Female 40-44	61.	00:02:45	00:50:55	00:52:16
944.	478	Esih, Corinna	Female 25-29	55.	00:02:46	00:50:57	00:52:17
945.	1758	Ziemirska, Ania	Female 40-44	62.	00:03:00	00:50:59	00:52:02
946.	433	Dorff, Joanna	Female 35-39	53.	00:02:39	00:51:00	00:52:35
947.	1482	Sochaniwskyj, Mark	Male 25-29	98.	00:03:01	00:51:01	00:51:17
948.	1658	Wat, Ina	Female 45-49	29.	00:03:04	00:51:01	00:53:13
949.	939	Li, Rina	Female 25-29	56.	00:02:59	00:51:02	00:51:51
950.	1499	Staite, Hadley	Male 30-34	115.	00:02:10	00:51:03	00:53:03
951.	134	Basiri, Sasha	Female 35-39	54.	00:02:40	00:51:03	00:52:04
952.	898	Laur, Jennifer	Female 35-39	55.	00:02:40	00:51:03	00:52:33
953.	788	Kassardjian, Audrey	Female 25-29	57.	00:02:10	00:51:04	00:52:51
954.	235	Calhoun, Dean	Male 60-64	22.	00:02:49	00:51:04	00:52:06
955.	125	Barr, Christina	Female 30-34	73.	00:03:03	00:51:05	00:52:25
956.	596	Gordon, Heather	Female 60-64	8.	00:02:31	00:51:06	00:53:12
957.	306	Ciupka, Jessie	Female 30-34	74.	00:02:35	00:51:07	00:52:48
958.	605	Graczyk, Andrew	Male 30-34	116.	00:03:00	00:51:08	00:52:00
959.	264	Casidsid, Aureen	Female 30-34	75.	00:02:19	00:51:08	00:52:35
960.	782	Kanas, Laura	Female 45-49	30.	00:02:05	00:51:09	00:52:45
961.	572	Giannini, Anna	Female 45-49	31.	00:02:54	00:51:10	00:52:45
962.	1638	Vo, Hanh	Female 40-44	63.	00:02:48	00:51:11	00:52:45
963.	206	Brew, Xing	Female 30-34	76.	00:02:24	00:51:14	00:53:43
964.	1297	Ramon, Juan carlos	Male 30-34	117.	00:02:50	00:51:16	00:52:21
965.	668	Hendry, Gregory	Male 40-44	78.	00:02:58	00:51:17	00:51:36
966.	1294	Ragoobar, Donnie	Male 40-44	79.	00:02:35	00:51:17	00:53:02
967.	1318	Reyes, Robnier	Male 30-34	118.	00:02:14	00:51:18	00:51:55
968.	1569	Thompson, Dean	Male 55-59	33.	00:02:40	00:51:19	00:52:18
969.	1385	Sampson, Trina	Female 45-49	32.	00:03:03	00:51:20	00:52:43
970.	369	Dantowitz, Aaron	Male 50-54	49.	00:02:58	00:51:21	00:52:53
971.	1606	Ungar, Jeff	Male 50-54	50.	00:02:57	00:51:23	00:52:28
972.	105	Ashton, Valerie	Female 60-64	9.	00:02:28	00:51:24	00:52:44
973.	1174	O'Brien, Lesa	Female 50-54	13.	00:03:08	00:51:25	00:52:22
974.	1335	Rochman, Paula	Female 65-69	2.	00:03:19	00:51:26	00:52:09
975.	1154	Ngo, Linh	Female 40-44	64.	00:02:16	00:51:27	00:53:12
976.	1612	Valent, Robert	Male 35-39	96.	00:03:05	00:51:29	00:52:07
977.	764	Johnston, Trent	Male 25-29	99.	00:02:16	00:51:31	00:53:11
978.	897	Lau, Winda	Female 40-44	65.	00:02:41	00:51:31	00:52:42
979.	1751	Zhang, Jennifer	Female 45-49	33.	00:02:32	00:51:33	00:53:34
980.	547	Galkina, Katerina	Female 25-29	58.	00:02:57	00:51:41	00:53:08
981.	599	Gordon, Susan	Female 60-64	10.	00:02:44	00:51:41	00:52:26
982.	1615	van Deventer, Carla	Female 35-39	56.	00:02:49	00:51:42	00:53:09
983.	1707	Wong, Matthew	Male 25-29	100.	00:02:51	00:51:42	00:53:30
984.	1155	Nguyen, Josiah	Male 20-24	20.	00:02:24	00:51:43	00:53:23
985.	351	Cronsilver, David	Male 70-74	5.	00:02:44	00:51:44	00:52:31

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
986.	497	Fayaz, Ehsan	Male 35-39	97.	00:02:35	00:51:46	00:53:19
987.	570	Ghelichi, Ali	Male 30-34	119.	00:02:31	00:51:47	00:53:19
988.	1058	mcintee, kurt	Male 45-49	66.	00:02:52	00:51:48	00:53:17
989.	488	Fahey, Sarah	Female 30-34	77.	00:02:38	00:51:48	00:53:34
990.	644	Hardy, Ian	Male 45-49	67.	00:02:31	00:51:48	00:53:28
991.	1062	McLuskie, Robin	Female 40-44	66.	00:02:31	00:51:49	00:53:29
992.	1617	Van Roestel, Steven	Male 50-54	51.	00:02:35	00:51:49	00:53:29
993.	1033	Matthews, Rob	Male 45-49	68.	00:02:43	00:51:49	00:53:49
994.	363	Da Silva, Lucas	Male 25-29	101.	00:02:29	00:51:51	00:52:38
995.	1055	McGregor, Karen	Female 55-59	15.	00:03:01	00:51:52	00:52:42
996.	1370	Ruston, Doug	Male 65-69	14.	00:02:55	00:51:52	00:53:16
997.	1250	Piercey, Ed	Male 65-69	15.		00:51:55	00:52:54
998.	233	Cabral, Stephen	Male 35-39	98.	00:02:33	00:51:56	00:53:01
999.	1169	North, Craig	Male 45-49	69.	00:02:44	00:51:56	00:53:02
1000.	682	Hirji, Belle	Female 60-64	11.	00:02:57	00:51:58	00:52:27
1001.	1206	Paliwoda, Richard	Male 50-54	52.	00:02:17	00:51:59	00:53:41
1002.	52	Abaimova, Katia	Female 35-39	57.	00:02:58	00:52:01	00:53:38
1003.	420	Dlugi, Robert	Male 20-24	21.	00:01:56	00:52:03	00:53:13
1004.	244	Campisi, Joe	Male 70-74	6.	00:03:04	00:52:03	00:53:42
1005.	78	Amacker, Arielle	Female 20-24	17.	00:02:34	00:52:04	00:53:58
1006.	207	Brewer, Hazel	Female 45-49	34.	00:03:08	00:52:04	00:53:35
1007.	496	Faucher, Isabelle	Female 45-49	35.	00:02:37	00:52:04	00:53:23
1008.	141	Beairsto, Becky	Female 40-44	67.	00:03:02	00:52:05	00:53:25
1009.	1527	Sullivan, Daniel	Male 60-64	23.	00:03:08	00:52:06	00:53:49
1010.	1266	Porter, Dana	Female 30-34	78.	00:02:30	00:52:06	00:54:30
1011.	66	Aggarwal, Jai	Male 20-24	22.	00:02:48	00:52:08	00:54:29
1012.	1703	Wolfe, Ian	Male 50-54	53.	00:02:27	00:52:09	00:53:50
1013.	799	Kelley, Doug	Male 55-59	34.	00:02:28	00:52:10	00:53:50
1014.	797	Kaye, Matthew	Male 30-34	120.	00:02:47	00:52:10	00:53:26
1015.	1554	Tecson-Cook, Kathleen	Female 55-59	16.	00:02:46	00:52:11	00:53:10
1016.	1867	CUAJOTOR, JEMALYN	Female 35-39	58.	00:02:56	00:52:11	00:52:37
1017.	658	Hayman, Rebecca	Female 30-34	79.	00:03:05	00:52:12	00:53:04
1018.	669	Henley, Allyson	Female 50-54	14.	00:02:57	00:52:16	00:53:25
1019.	1378	Saindon, Lawrence	Male 45-49	70.	00:02:50	00:52:17	00:53:31
1020.	652	Hauch, Sarah	Female 35-39	59.	00:02:38	00:52:18	00:54:14
1021.	486	Fabregui, Maria	Female 25-29	59.	00:03:00	00:52:18	00:54:03
1022.	1681	Widdifield, Amy	Female 40-44	68.	00:02:53	00:52:21	00:53:18
1023.	76	Albin, Jeff	Male 55-59	35.	00:03:01	00:52:21	00:54:22
1024.	1122	Mothersill, Althea	Female 40-44	69.	00:02:43	00:52:22	00:53:28
1025.	980	Magee, George	Male 55-59	36.	00:02:45	00:52:23	00:54:01
1026.	1723	Wye, Cindy	Female 45-49	36.	00:03:02	00:52:25	00:54:11
1027.	1757	zhu, wenwen	Female 20-24	18.	00:03:03	00:52:28	00:53:14
1028.	762	Johnson, Jenn	Female 45-49	37.	00:02:42	00:52:29	00:53:30
1029.	487	Fabry, Thomas	Male 55-59	37.	00:02:43	00:52:29	00:54:10
1030.	1036	Mc Gettigan, Catherine	Female 30-34	80.	00:02:47	00:52:30	00:53:30
1031.	979	Macri, George	Male 45-49	71.	00:02:57	00:52:31	00:53:06
1032.	483	Exaltacion, Jay	Male 35-39	99.	00:02:39	00:52:32	00:54:14

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1033.	1147	Neel, Rebecca	Female 40-44	70.	00:02:55	00:52:32	00:54:38
1034.	1117	Moreau, Julie	Female 40-44	71.	00:02:35	00:52:35	00:54:42
1035.	1583	Topp, Erika	Female 55-59	17.	00:03:09	00:52:36	00:54:10
1036.	1459	Slabiak, Anna	Female 30-34	81.	00:02:38	00:52:39	00:54:23
1037.	507	Findlay-White, Emma	Female 25-29	60.	00:02:41	00:52:40	00:54:41
1038.	1063	McMurtry, Tearney	Female 55-59	18.	00:03:14	00:52:41	00:53:51
1039.	1105	Montano, Batang Quiapo	Male 50-54	54.	00:03:01	00:52:44	00:52:49
1040.	148	Beck, Kirsty	Female 30-34	82.	00:02:43	00:52:45	00:54:10
1041.	1668	Weightman, Peter	Male 60-64	24.	00:03:04	00:52:46	00:53:46
1042.	1101	Mohan Lal, Kshitij	Male 35-39	100.	00:02:49	00:52:47	00:58:04
1043.	851	Kulshrestha, Pratiksha	Female 30-34	83.	00:02:49	00:52:47	00:58:04
1044.	1369	Russel, Gail	Female 40-44	72.	00:02:59	00:52:48	00:53:53
1045.	1420	Sgouromitis, Alexandria	Female 30-34	84.	00:02:48	00:52:49	00:54:50
1046.	1340	Rogov, Anton	Male 50-54	55.	00:02:54	00:52:50	00:54:27
1047.	147	Becerra, Christina	Female 35-39	60.	00:02:58	00:52:50	00:54:46
1048.	925	Leishman, Fiona	Female 45-49	38.	00:03:03	00:52:50	00:54:26
1049.	1666	Wedge, Sophie	Female 15-19	8.	00:02:29	00:52:50	00:54:31
1050.	1397	Scherer, Julianna	Female 15-19	9.	00:02:29	00:52:50	00:54:31
1051.	364	Da Silva, Mark	Male 25-29	102.	00:02:58	00:52:51	00:55:09
1052.	210	Bronicheski, Kate	Female 35-39	61.	00:02:42	00:52:54	00:55:01
1053.	807	Kerber, Jenny	Female 45-49	39.	00:02:36	00:52:55	00:54:28
1054.	165	Bergman, Elizabeth	Female 35-39	62.	00:02:57	00:52:57	00:55:01
1055.	1475	Smythe, Janique	Female 45-49	40.	00:03:20	00:53:01	00:53:50
1056.	215	Brozny, Carly	Female 35-39	63.	00:02:25	00:53:02	00:55:28
1057.	721	Hungate, Kristen	Female 35-39	64.	00:02:25	00:53:02	00:55:28
1058.	595	Gordon, David	Male 35-39	101.	00:02:32	00:53:02	00:53:52
1059.	1688	Wilken, Nik	Male 35-39	102.	00:02:47	00:53:05	00:55:13
1060.	901	Lawson, Katie	Female 45-49	41.	00:02:53	00:53:06	00:54:22
1061.	733	Ihn, Erica	Female 35-39	65.	00:02:47	00:53:07	00:55:14
1062.	1457	SITUM, Heather	Female 55-59	19.	00:03:30	00:53:08	00:54:58
1063.	1104	Molloy, Katy	Female 20-24	19.	00:02:16	00:53:09	00:54:07
1064.	1043	McCorquodale, Andrew	Male 45-49	72.	00:03:05	00:53:21	00:54:16
1065.	1323	Ribella Oliveira, Thais	Female 25-29	61.	00:03:04	00:53:22	00:54:55
1066.	613	Grassmann, Reinhard	Male 35-39	103.	00:02:53	00:53:22	00:54:36
1067.	557	Gard, Stephen	Male 70-74	7.	00:02:49	00:53:22	00:54:54
1068.	942	Lichterman, Shari	Female 50-54	15.	00:02:53	00:53:23	00:54:58
1069.	1279	Pui, Adrienne	Female 35-39	66.	00:02:19	00:53:27	00:54:39
1070.	636	Halim, Samantha	Female 14 & Under	7.	00:02:33	00:53:27	00:54:11
1071.	1698	Winger, Nicole	Female 30-34	85.	00:02:43	00:53:27	00:55:08
1072.	1030	Mateus, Andres	Male 35-39	104.	00:03:14	00:53:30	00:54:37
1073.	1759	Zister, Karyn	Female 45-49	42.	00:03:23	00:53:30	00:54:56
1074.	1524	Sue Chung, Sharon		1.	00:02:52	00:53:30	00:55:22
1075.	1683	Wiktor, Pamela	Female 35-39	67.	00:03:14	00:53:30	00:54:37
1076.	1515	Stickland, Jillian	Female 25-29	62.	00:02:46	00:53:30	00:55:24
1077.	1431	Sheldon, Erin	Female 45-49	43.	00:03:10	00:53:30	01:01:45
1078.	1430	Shaw, Nicole	Female 25-29	63.	00:02:56	00:53:31	00:55:23
1079.	1223	Patey, Jocelyne	Female 35-39	68.	00:02:52	00:53:32	00:54:46

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1080.	305	Ciocio, Paola	Female 50-54	16.	00:02:58	00:53:33	00:54:57
1081.	700	Hopper, Robin	Female 55-59	20.	00:02:48	00:53:37	00:55:12
1082.	917	Lefler, Cheryl	Female 45-49	44.	00:02:50	00:53:39	00:53:47
1083.	1198	Owens, Brittany	Female 35-39	69.	00:03:06	00:53:40	00:55:22
1084.	455	Dutton, Laura	Female 40-44	73.	00:02:46	00:53:41	00:55:07
1085.	1494	Spoerri, Katja	Female 25-29	64.	00:02:40	00:53:42	00:54:04
1086.	862	Kwong, Amber	Female 15-19	10.	00:02:57	00:53:44	00:54:53
1087.	391	Dela Rosa, Athena	Female 30-34	86.	00:02:57	00:53:44	00:54:11
1088.	1664	Webb, Stephen	Male 35-39	105.	00:02:40	00:53:46	00:55:00
1089.	416	Diotte, Alex	Male 25-29	103.	00:02:55	00:53:47	00:55:26
1090.	1421	Shafie, Hesham	Male 55-59	38.	00:02:52	00:53:47	00:55:26
1091.	1281	Pui, Kristen	Female 14 & Under	8.	00:02:38	00:53:47	00:54:59
1092.	1565	Thoburn, Christine	Female 25-29	65.	00:02:34	00:53:49	00:54:05
1093.	1568	Thomas, Heiko	Male 50-54	56.	00:02:58	00:53:52	00:55:17
1094.	208	Brigis, Tom	Male 60-64	25.	00:02:48	00:53:54	00:54:53
1095.	1232	PENG, RACHEL	Female 15-19	11.		00:53:55	00:53:55
1096.	106	Atkinson, Alyssa	Female 25-29	66.		00:53:56	00:53:56
1097.	1891	Houston, Cathy	Female 55-59	21.	00:03:05	00:53:56	00:55:43
1098.	1376	Sadler, Kristy	Female 55-59	22.	00:03:11	00:53:59	00:55:34
1099.	477	Ernest, Patrick	Male 25-29	104.	00:02:54	00:54:00	00:56:14
1100.	1097	Mitchell, Joanne	Female 65-69	3.	00:03:29	00:54:00	00:55:15
1101.	352	Crow, Leslie	Female 45-49	45.	00:03:10	00:54:06	00:55:36
1102.	1153	Ng, Wally	Male 35-39	106.	00:02:25	00:54:06	00:55:31
1103.	1360	RÃ³zsa, Anna	Female 14 & Under	9.	00:02:42	00:54:07	00:56:42
1104.	428	Donohoe, Heather	Female 40-44	74.	00:03:27	00:54:10	00:55:06
1105.	392	Delorme, Christopher	Male 45-49	73.	00:02:45	00:54:11	00:55:25
1106.	1747	Zeldin, Vicky	Female 60-64	12.	00:02:44	00:54:11	00:55:41
1107.	724	Hunter, lisa	Female 50-54	17.	00:03:35	00:54:15	00:55:19
1108.	166	Bernard, Danika	Female 35-39	70.	00:03:35	00:54:15	00:55:19
1109.	111	Baheti, Sachin	Male 30-34	121.	00:02:29	00:54:15	00:56:08
1110.	542	Gagne, Christine	Female 40-44	75.	00:02:34	00:54:20	00:55:51
1111.	465	Edwards, Lisa	Female 40-44	76.	00:03:12	00:54:25	00:55:44
1112.	1243	Pezzano, Kayla	Female 20-24	20.	00:03:00	00:54:26	00:56:10
1113.	1242	Peterson, Rebecca	Female 40-44	77.	00:02:58	00:54:27	00:56:04
1114.	257	Carrique, Lauren	Female 30-34	87.	00:02:51	00:54:28	00:55:51
1115.	1881	Salvador, Deanna	Female 20-24	21.	00:02:47	00:54:29	00:55:45
1116.	114	Ballantyne, Ted	Male 40-44	80.	00:02:45	00:54:29	00:55:58
1117.	935	Li, Bernard	Male 45-49	74.	00:02:32	00:54:29	01:02:17
1118.	287	Cheng, Victor	Male 35-39	107.	00:02:27	00:54:33	00:56:14
1119.	1461	Slan, Peter	Male 50-54	57.	00:02:19	00:54:34	00:55:57
1120.	854	Kumarasamy, Chalani	Female 30-34	88.	00:03:03	00:54:37	00:59:58
1121.	565	Germain, Claudette	Female 65-69	4.	00:03:18	00:54:39	00:56:07
1122.	1426	Sharma, Deepakshi	Female 20-24	22.	00:02:50	00:54:41	00:56:34
1123.	567	Gewurz, Jamie	Male 30-34	122.	00:02:33	00:54:41	00:55:51
1124.	1541	Sytnyk, Rebecca	Female 45-49	46.	00:03:19	00:54:45	00:56:24
1125.	628	Gulesserian, Nora	Female 50-54	18.	00:03:02	00:54:45	00:56:57
1126.	556	Gard, Jasmine	Female 35-39	71.	00:02:51	00:54:47	00:56:19

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1127.	409	Diaz, Lorraine	Female 50-54	19.	00:03:06	00:54:49	00:55:56
1128.	1581	Tome, Philip	Male 40-44	81.	00:03:05	00:54:52	00:57:04
1129.	1342	Rojo Torres, Marnie	Female 45-49	47.	00:03:20	00:54:53	00:56:26
1130.	1110	Mooney, Sarah	Female 30-34	89.	00:02:56	00:54:54	00:56:21
1131.	1467	Smith, James	Male 65-69	16.	00:03:17	00:54:57	00:56:16
1132.	1743	ZAMBRI DUNK, SAVERIA	Female 55-59	23.	00:03:14	00:54:58	00:56:18
1133.	1331	robertson, justin	Male 40-44	82.	00:02:46	00:55:05	00:56:55
1134.	948	Liu, Yanjun	Female 35-39	72.	00:03:22	00:55:07	00:56:54
1135.	398	Dent, Ashley	Female 35-39	73.	00:03:01	00:55:09	00:55:59
1136.	1765	Chong, Andrew	Male 45-49	75.	00:02:54	00:55:11	00:56:12
1137.	655	Hawley, Ashley	Female 35-39	74.	00:03:04	00:55:11	00:56:18
1138.	1592	Trimble, Zoe	Female 25-29	67.	00:02:57	00:55:12	00:56:09
1139.	1853	Singh, Himanshu	Male 40-44	83.	00:03:25	00:55:12	00:56:24
1140.	1231	Pena, Monica	Female 25-29	68.		00:55:12	00:57:31
1141.	732	Igoe, James	Male 40-44	84.	00:02:38	00:55:12	00:57:10
1142.	325	Cooke, Angela	Female 35-39	75.	00:02:49	00:55:12	01:01:55
1143.	1387	Samuels, Julian	Male 40-44	85.	00:02:48	00:55:12	00:56:12
1144.	1021	Martin, Chad	Male 50-54	58.	00:02:21	00:55:14	00:56:06
1145.	663	Heckbert, Mary Anne	Female 40-44	78.	00:02:21	00:55:14	00:56:06
1146.	809	Kerr, Dino	Male 60-64	26.	00:02:48	00:55:16	00:56:32
1147.	687	Hodgins, Tessa	Female 35-39	76.	00:02:51	00:55:17	00:57:20
1148.	1678	Whiteacre, Andrea	Female 60-64	13.	00:03:07	00:55:17	00:56:32
1149.	800	Kelly, Caroline	Female 30-34	90.	00:03:04	00:55:18	00:56:51
1150.	1625	Veitch, Lyn	Female 35-39	77.	00:03:07	00:55:19	00:56:51
1151.	65	Agapito, Elena	Female 35-39	78.	00:03:07	00:55:20	00:56:40
1152.	1661	Waxman, Samantha	Female 40-44	79.	00:02:48	00:55:22	00:56:47
1153.	1634	Violin, Vanessa	Female 35-39	79.	00:03:23	00:55:24	00:57:15
1154.	1502	Stark, Rachel	Female 35-39	80.	00:03:00	00:55:25	00:57:44
1155.	402	Devine, Sean	Male 35-39	108.	00:03:01	00:55:26	00:57:46
1156.	505	Filatova, Maria	Female 25-29	69.	00:03:11	00:55:30	00:56:21
1157.	399	d'Eon, Brian	Male 45-49	76.	00:03:02	00:55:30	00:56:58
1158.	994	Malattia, Camille	Female 25-29	70.	00:03:03	00:55:33	00:57:11
1159.	175	Bisson, Julie	Female 40-44	80.	00:02:53	00:55:37	00:57:17
1160.	255	CARMONA, Lourdes	Female 45-49	48.	00:03:29	00:55:39	00:56:59
1161.	69	Agosta, Jonathan	Male 40-44	86.	00:02:30	00:55:40	00:57:01
1162.	524	Francis, Gina	Female 60-64	14.	00:03:36	00:55:40	00:57:17
1163.	88	Aniceto, Joanelyn	Female 45-49	49.	00:03:08	00:55:41	00:55:46
1164.	749	Jaganathan, Shruthilaya	Female 25-29	71.	00:02:55	00:55:43	00:57:18
1165.	1675	White, Ariel	Female 45-49	50.	00:03:11	00:55:44	00:57:11
1166.	1319	Reynolds, Dean	Male 60-64	27.	00:03:01	00:55:45	00:57:30
1167.	322	Conlon, Gaz	Male 40-44	87.	00:03:06	00:55:46	00:57:36
1168.	1031	Mathur, Animesh	Male 25-29	105.	00:03:13	00:55:47	00:57:02
1169.	757	Jeganathan, Maryanne	Female 55-59	24.	00:03:13	00:55:48	00:56:54
1170.	776	Kakkar, Jai	Male 20-24	23.	00:02:55	00:55:48	00:56:57
1171.	1684	Wilder, Yael	Female 50-54	20.	00:03:06	00:55:50	00:57:13
1172.	68	Agosta, Angela	Female 40-44	81.	00:02:41	00:55:51	00:57:12
1173.	1227	Payawal, Andrea	Female 30-34	91.	00:03:06	00:55:51	00:57:06

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1174.	379	Daya, Sahira	Female 30-34	92.		00:55:52	00:58:20
1175.	564	Gerlock, Michael	Male 55-59	39.		00:55:53	00:56:02
1176.	110	Awan, Mamoun	Male 30-34	123.	00:02:44	00:55:57	00:56:58
1177.	1202	Pacheco, Mychael	Male 55-59	40.	00:03:10	00:55:58	00:57:18
1178.	506	Filio, Theresa-Lynne	Female 30-34	93.	00:03:04	00:55:59	00:57:53
1179.	502	Fernandes, Bryalen	Male 30-34	124.	00:02:21	00:56:00	00:58:23
1180.	362	Da Rosa, David	Male 35-39	109.	00:02:59	00:56:01	00:57:34
1181.	1444	Simon, Diane	Female 40-44	82.	00:02:56	00:56:02	00:56:48
1182.	793	Katz, Ben	Male 40-44	88.	00:02:47	00:56:02	00:57:33
1183.	1597	Tugade, Bobbie Jane	Female 30-34	94.	00:03:09	00:56:04	00:56:36
1184.	891	Lanyon, Franca	Female 45-49	51.	00:03:23	00:56:05	00:58:02
1185.	1253	Pigliarolo, Patricia	Female 45-49	52.	00:03:37	00:56:07	00:57:36
1186.	1173	Oâ€™Neill, Adam	Male 35-39	110.	00:02:43	00:56:08	00:57:44
1187.	1616	Van Kester, Jil	Female 35-39	81.	00:03:01	00:56:08	00:57:47
1188.	212	Brown, Andy	Male 40-44	89.	00:02:45	00:56:09	00:57:45
1189.	654	Hawkins, Eric	Male 40-44	90.	00:03:03	00:56:10	00:58:21
1190.	1015	Mars, Christina	Male 40-44	91.	00:03:32	00:56:13	00:58:11
1191.	1257	Pinto, Erica	Female 30-34	95.	00:02:56	00:56:13	00:57:12
1192.	158	Benetruy, Carol-Ann	Female 45-49	53.	00:02:44	00:56:13	00:58:31
1193.	906	Lee, Christina	Female 30-34	96.	00:02:57	00:56:13	00:57:54
1194.	997	Mandelbaum, Laura	Female 35-39	82.	00:02:46	00:56:14	00:56:14
1195.	863	Kwong, Donna	Female 45-49	54.	00:03:21	00:56:16	00:57:26
1196.	1591	Trias, Isabella	Female 20-24	23.	00:02:59	00:56:16	00:57:33
1197.	1695	Wilson, Ann	Female 45-49	55.	00:03:03	00:56:16	00:58:24
1198.	1697	Wilson, Rob	Male 50-54	59.	00:03:03	00:56:16	00:58:24
1199.	1377	Sahlani, John-Luke	Male 30-34	125.	00:02:45	00:56:17	00:58:48
1200.	418	Dixon, Erica	Female 30-34	97.	00:03:17	00:56:19	00:56:58
1201.	267	CASTRO, MANUEL	Male 45-49	77.	00:03:12	00:56:20	00:57:36
1202.	1755	ZHAO, MYRON	Male 35-39	111.	00:02:50	00:56:22	00:58:07
1203.	1315	Reyes, Anton	Male 55-59	41.	00:02:56	00:56:22	00:57:46
1204.	1604	Undurraga, Jeannette	Female 60-64	15.	00:03:07	00:56:25	00:57:30
1205.	1690	Williams, Darcey	Female 35-39	83.	00:02:55	00:56:29	00:57:27
1206.	734	Ikeda, Doug	Male 65-69	17.	00:02:57	00:56:29	00:58:41
1207.	649	Hart, Elisabeth	Female 40-44	83.	00:02:58	00:56:30	00:58:08
1208.	243	Campbell-Such, Julia	Male 45-49	2.	00:03:16	00:56:31	00:58:52
1209.	965	Macapagal, Maria Sophia	Female 25-29	72.	00:03:07	00:56:34	00:58:12
1210.	103	ascroft, jane	Female 60-64	16.	00:03:21	00:56:35	00:58:16
1211.	1677	White, Rebecca	Female 30-34	98.	00:03:00	00:56:38	00:58:42
1212.	1710	Woo, Anita	Female 45-49	56.	00:03:22	00:56:38	00:58:51
1213.	1209	Pandolfo, Julia	Female 25-29	73.	00:02:41	00:56:42	00:59:03
1214.	717	Hubahib, Paul	Male 50-54	60.	00:02:22	00:56:42	00:58:07
1215.	603	Goyal, Reena	Female 45-49	57.	00:03:21	00:56:48	00:58:56
1216.	591	Good, Michelle	Female 25-29	74.	00:03:01	00:56:48	00:57:52
1217.	504	Figueiredo, Denise	Female 40-44	84.	00:03:15	00:56:49	00:58:13
1218.	1247	Phitsanoukanh, Anne	Female 25-29	75.	00:03:00	00:56:52	00:59:20
1219.	1019	Marshall, Stuart	Male 40-44	92.	00:03:21	00:56:52	00:59:21
1220.	1500	Stanisic, Anamaria	Female 35-39	84.	00:03:04	00:56:52	00:58:59

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1221.	1576	Tian, Jessie	Female 25-29	76.	00:03:16	00:56:54	00:58:25
1222.	383	De Forest, Louise	Female 40-44	85.	00:02:53	00:56:54	00:58:44
1223.	916	Lee-Evans, Kaitlyn	Female 35-39	85.	00:03:25	00:56:56	00:59:25
1224.	1653	Wang, Zhen	Female 25-29	77.	00:02:51	00:56:58	00:59:13
1225.	173	Bilodeau, John	Male 45-49	78.	00:03:21	00:56:58	00:59:19
1226.	861	Kwok, Richard	Male 40-44	93.	00:02:13	00:57:03	00:58:00
1227.	634	Hagey-MacKay, Aaron	Male 35-39	112.	00:03:03	00:57:03	00:59:17
1228.	844	Kowalewski, Christopher	Male 30-34	126.	00:02:18	00:57:04	00:58:50
1229.	1161	Nicholson, Dorian	Male 35-39	113.		00:57:05	01:03:24
1230.	864	Kyforenko, Yana	Female 20-24	24.	00:03:25	00:57:08	00:59:13
1231.	1011	Marcogliese, Cheryl	Female 45-49	58.	00:03:00	00:57:15	00:58:49
1232.	839	Kosterman, Heather	Female 35-39	86.	00:03:17	00:57:17	00:58:48
1233.	1629	Vetore, Marilia	Female 60-64	17.	00:03:15	00:57:19	00:58:26
1234.	1140	Naidu, Catherine	Female 25-29	78.	00:03:25	00:57:21	00:58:35
1235.	995	Manayathu, Jason	Male 40-44	94.	00:03:18	00:57:28	00:59:10
1236.	952	Longaphy, Chelsea	Female 30-34	99.	00:03:00	00:57:29	01:05:17
1237.	1750	Zenker, Krista	Female 50-54	21.	00:03:33	00:57:30	00:59:13
1238.	1367	Rushton, Emily	Female 30-34	100.	00:03:01	00:57:31	01:00:01
1239.	1158	Ni, Felicity	Female 30-34	101.	00:03:28	00:57:31	00:59:13
1240.	1555	Teerink, Phil	Male 50-54	61.	00:03:08	00:57:34	00:59:10
1241.	996	Manayathu Jones, Jane	Female 40-44	86.	00:03:13	00:57:34	00:59:17
1242.	1503	Steele, Stephanie	Female 50-54	22.	00:03:35	00:57:37	00:59:08
1243.	562	Gay, Sasha	Male 35-39	114.	00:03:10	00:57:40	00:59:36
1244.	294	Chevrier, Lisa	Female 35-39	87.	00:03:14	00:57:41	00:58:30
1245.	540	Gabrovsky, Ivan	Male 20-24	24.	00:02:58	00:57:43	01:00:02
1246.	928	Leonienco, Rachel	Female 35-39	88.	00:03:22	00:57:45	00:59:02
1247.	1488	Sousa, Anna	Female 35-39	89.	00:03:18	00:57:45	00:58:34
1248.	685	Ho, Bonnie	Female 40-44	87.	00:02:55	00:57:45	00:58:42
1249.	867	Lacivita, Rosie	Female 35-39	90.	00:03:09	00:57:49	00:59:07
1250.	432	Dorff, Elizabeth	Female 35-39	91.	00:02:58	00:57:49	00:59:23
1251.	1191	OROZCO, MAREVA	Female 35-39	92.	00:03:20	00:57:51	00:58:59
1252.	577	Gingras, Cassie	Female 20-24	25.	00:03:09	00:57:53	00:59:12
1253.	680	Hill, Laura	Female 35-39	93.	00:02:53	00:57:55	00:59:14
1254.	927	Lelovic, Kelly	Female 50-54	23.	00:02:50	00:57:56	01:00:15
1255.	85	Anderson, Kelly	Female 60-64	18.	00:03:32	00:58:00	00:59:51
1256.	298	Chong, Beverly	Female 40-44	88.	00:03:42	00:58:00	00:59:17
1257.	1291	Rafique, Angela	Female 45-49	59.	00:03:26	00:58:03	00:59:27
1258.	127	Barry, Catherine	Female 50-54	24.	00:02:58	00:58:04	01:00:22
1259.	1338	Rodrigues, Stacy	Female 25-29	79.	00:03:05	00:58:05	00:59:00
1260.	777	Kalendra, Kovas	Male 15-19	16.	00:02:56	00:58:06	00:58:22
1261.	1235	Pereira da Silveira, Sabrina	Female 35-39	94.	00:03:16	00:58:09	01:00:25
1262.	707	Houston, Greg	Male 55-59	42.	00:03:11	00:58:09	00:59:56
1263.	1292	Ragell, Miguella	Female 55-59	25.	00:03:43	00:58:13	00:58:39
1264.	645	Hargreaves, Emma	Female 40-44	89.	00:03:14	00:58:13	00:59:36
1265.	1436	Sherazi, Maryam	Female 50-54	25.	00:03:31	00:58:21	00:59:10
1266.	532	Fuentes, Arturo	Male 35-39	115.	00:02:40	00:58:24	01:00:07
1267.	265	Castillo, Jaime	Male 30-34	127.	00:03:14	00:58:36	01:00:55

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1268.	1409	Sealy, Jocelyn	Female 60-64	19.	00:03:00	00:58:36	01:00:03
1269.	1343	Rolfesen Magan, Andrea	Female 30-34	102.	00:03:30	00:58:37	00:59:53
1270.	419	Dlugi, Caspar	Male 15-19	17.	00:03:09	00:58:39	00:59:50
1271.	201	Brandspigel, Mimi	Female 60-64	20.	00:03:14	00:58:40	01:00:18
1272.	1262	Plourde, Martine	Female 30-34	103.	00:03:25	00:58:41	01:00:17
1273.	693	Holloway, Jake	Male 30-34	128.	00:03:26	00:58:42	01:00:17
1274.	822	Kimberley, Scott	Male 45-49	79.	00:03:11	00:58:50	01:00:12
1275.	1048	McEwan, Rob	Male 45-49	80.	00:03:11	00:58:50	01:00:12
1276.	1454	Singh, Shayna	Female 40-44	90.	00:03:09	00:58:53	01:00:27
1277.	1306	Reeves, Allison	Female 40-44	91.	00:03:10	00:58:54	01:00:27
1278.	1455	Sinkovic, Mark	Male 50-54	62.	00:03:05	00:58:56	01:00:18
1279.	889	Languay, Matthew	Male 35-39	116.	00:03:21	00:58:56	00:59:38
1280.	1685	Wildish, Bruce	Male 60-64	28.	00:03:09	00:58:57	01:00:54
1281.	976	MacNeil, Ash	Female 35-39	95.	00:03:11	00:58:58	00:59:55
1282.	713	Howitt, Christy	Female 30-34	104.	00:03:15	00:58:59	00:59:39
1283.	1869	Steynor, John	Male 25-29	1.	00:02:45	00:59:03	01:01:10
1284.	1399	Scheuermann, Bethanne	Female 50-54	26.	00:02:59	00:59:04	01:01:14
1285.	1680	Wickenden, Kristy	Female 45-49	60.	00:02:53	00:59:10	01:00:36
1286.	899	Laurio, Jayraldyn	Female 30-34	105.	00:03:07	00:59:12	00:59:59
1287.	695	Hong, Hung	Male 30-34	129.	00:02:58	00:59:13	01:01:19
1288.	1157	Nguyen, Tuan	Male 35-39	117.	00:02:59	00:59:14	01:01:19
1289.	297	Choi, Julian	Male 15-19	18.	00:03:06	00:59:16	01:01:18
1290.	870	Laird, Iona	Female 60-64	21.	00:03:58	00:59:16	01:01:06
1291.	275	Chalabi, Bashir	Male 30-34	130.	00:02:57	00:59:17	01:04:47
1292.	1725	Xu, Agnes	Female 50-54	27.	00:03:12	00:59:22	01:01:25
1293.	1446	Simpson, Lucie	Female 45-49	61.	00:03:25	00:59:25	01:01:30
1294.	1094	Mingi, Michelle	Female 25-29	80.	00:03:19	00:59:27	01:01:20
1295.	133	Bartusevicius, Brigit	Female 30-34	106.	00:03:10	00:59:27	01:00:04
1296.	1719	Wright, Nicole	Female 40-44	92.		00:59:28	01:01:04
1297.	1511	Steprans, Zinta	Female 40-44	93.	00:03:19	00:59:28	01:01:04
1298.	278	Chan, Janina	Female 45-49	62.	00:03:17	00:59:29	01:00:53
1299.	853	Kumar, Raman	Male 25-29	106.	00:02:49	00:59:32	01:01:24
1300.	334	Cote, Alexandra	Female 30-34	107.	00:03:28	00:59:35	01:01:19
1301.	1493	Spinney, Gillian	Female 40-44	94.	00:03:16	00:59:38	01:01:09
1302.	161	Bennett, Taylor	Female 30-34	108.	00:03:25	00:59:41	01:01:10
1303.	361	Da Paz, Daniela	Female 35-39	96.	00:03:14	00:59:45	01:00:54
1304.	401	Derochie, John	Male 40-44	95.	00:02:49	00:59:46	01:01:24
1305.	517	Ford, Katherine	Female 35-39	97.	00:03:18	00:59:49	01:01:47
1306.	1595	Truong, Minh	Male 20-24	25.	00:03:01	00:59:51	01:01:57
1307.	1516	Stickland, Sheila	Female 55-59	26.	00:03:32	00:59:52	01:01:46
1308.	1868	Choong, Debbie	Female 50-54	28.	00:03:18	00:59:52	01:02:06
1309.	302	Christie, Nathan	Male 30-34	131.	00:03:03	00:59:53	01:00:59
1310.	1383	Salvatore, Nicholas	Male 35-39	118.	00:02:54	00:59:54	01:01:12
1311.	473	Elstone, Alexandra	Female 25-29	81.	00:03:35	00:59:56	01:02:04
1312.	186	Boehm, Dianne	Female 65-69	5.	00:04:04	00:59:56	01:02:02
1313.	566	Gervais, Richard	Male 55-59	43.		00:59:57	01:02:04
1314.	1425	Shannon, Lynn	Non-Binary 45-49	1.	00:03:26	00:59:58	01:02:25

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1315.	313	Code, Jess	Female 20-24	26.	00:03:10	00:59:59	01:01:50
1316.	657	Hawlik, Ashley	Female 40-44	95.	00:02:27	01:00:01	01:02:15
1317.	860	KWOK, DIANNE	Female 60-64	22.	00:02:44	01:00:03	01:01:11
1318.	1460	Slade, Christina	Female 40-44	96.	00:03:08	01:00:08	01:02:10
1319.	735	Ilkiw, Matthew	Male 25-29	107.	00:02:40	01:00:13	01:02:03
1320.	1358	Roy, Sajal	Male 40-44	96.	00:03:16	01:00:14	01:02:16
1321.	1540	Sylvester, Stephen	Male 25-29	108.	00:03:34	01:00:16	01:01:14
1322.	1353	Rousseau, Magali	Female 25-29	82.	00:03:01	01:00:20	01:01:09
1323.	1453	Singh, Michele	Female 60-64	23.	00:03:44	01:00:21	01:01:44
1324.	1452	Singh, Kevin	Male 40-44	97.	00:03:44	01:00:21	01:01:44
1325.	1260	Plesko, Mike	Male 35-39	119.	00:03:02	01:00:22	01:02:05
1326.	1106	Montgomery, Charlotte	Female 50-54	29.	00:03:11	01:00:27	01:02:30
1327.	982	Magnus, Jennifer	Female 50-54	30.	00:03:11	01:00:28	01:02:30
1328.	1181	O'Hearn, Trish	Female 55-59	27.	00:03:32	01:00:28	01:02:15
1329.	1762	Zurakowsky, Annie	Female 65-69	6.	00:03:29	01:00:30	01:02:45
1330.	1028	Mascella, Chris	Male 40-44	98.	00:03:17	01:00:31	01:02:31
1331.	299	Chorney, Jessica	Female 25-29	83.	00:04:06	01:00:36	01:02:44
1332.	523	Francis, Emily	Female 25-29	84.	00:04:07	01:00:37	01:02:44
1333.	960	Lund, Alexis	Female 25-29	85.	00:02:59	01:00:37	01:02:44
1334.	1119	Morrison, Robby	Male 35-39	120.	00:03:04	01:00:38	01:02:52
1335.	1245	Philipovich, Tanya	Female 40-44	97.	00:03:13	01:00:39	01:02:25
1336.	1513	Stewart, Summer	Female 30-34	109.	00:03:25	01:00:41	01:02:08
1337.	810	Kerr, Katrina	Female 35-39	98.	00:03:24	01:00:41	01:01:42
1338.	553	Gan, Pina	Female 65-69	7.	00:03:13	01:00:44	01:02:50
1339.	877	Lamarche, Austin	Female 30-34	110.	00:03:00	01:00:46	01:03:05
1340.	1195	Ouellet, Valerie	Female 35-39	99.	00:03:35	01:00:46	01:02:03
1341.	1240	Petersen, Kathleen	Female 45-49	63.	00:03:36	01:00:50	01:02:47
1342.	725	Hunter, Michael	Male 65-69	18.	00:03:06	01:00:52	01:02:42
1343.	107	Atkinson, Emily	Female 35-39	100.	00:03:20	01:00:52	01:02:59
1344.	790	Kataoka, Natalia	Female 35-39	101.	00:03:21	01:01:08	01:02:38
1345.	1746	Zebedee, Mollie	Female 50-54	31.	00:03:34	01:01:08	01:03:17
1346.	324	Cook, Lorri	Female 60-64	24.	00:03:35	01:01:08	01:03:17
1347.	1523	SUAREZ, ALFREDO RICARDO	Male 60-64	29.	00:03:26	01:01:09	01:02:41
1348.	1433	Shen, Lucas	Male 15-19	19.		01:01:15	01:01:15
1349.	619	Grimm, Julie	Female 35-39	102.	00:03:32	01:01:27	01:03:22
1350.	742	IvÁncsy, RenÁlta	Female 40-44	98.	00:03:03	01:01:30	01:04:05
1351.	374	Davies, Lynn	Female 50-54	32.	00:03:40	01:01:32	01:03:38
1352.	109	Au, John	Male 60-64	30.	00:03:26	01:01:33	01:03:51
1353.	1185	O'Neil, Courtney	Female 30-34	111.	00:03:19	01:01:34	01:03:55
1354.	1644	Wakefield, Pam	Female 50-54	33.	00:03:09	01:01:35	01:03:45
1355.	461	Edell, Esther	Female 35-39	103.	00:03:03	01:01:36	01:02:14
1356.	993	Malankov, Mayoori	Female 35-39	104.	00:03:18	01:01:39	01:03:03
1357.	710	Howell, Alexis	Female 45-49	64.	00:03:12	01:01:39	01:02:48
1358.	1115	Morassutti, Andrea	Female 35-39	105.	00:03:26	01:01:41	01:03:30
1359.	193	Boudreau, Alexandra	Female 25-29	86.	00:03:08	01:01:46	01:01:46
1360.	1736	Young, Alan	Male 70-74	8.	00:03:37	01:01:47	01:03:13
1361.	1702	Witt, Samantha	Female 35-39	106.	00:03:36	01:01:59	01:03:15

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1362.	1132	Murji, Al Aatif	Male 45-49	81.		01:02:01	01:02:01
1363.	1095	Misetich, Rose	Female 45-49	65.	00:03:43	01:02:03	01:04:08
1364.	1764	Tsang, Fong Nei	Female 40-44	99.	00:03:51	01:02:06	01:03:23
1365.	181	Bliss, Sally	Female 45-49	66.	00:03:26	01:02:09	01:03:48
1366.	1575	Thottumkal, Manu	Male 25-29	109.	00:03:21	01:02:12	01:03:54
1367.	1059	McKinnon, Heather	Female 45-49	67.	00:03:12	01:02:14	01:03:13
1368.	1705	Wong, Andrea	Female 40-44	100.	00:03:18	01:02:16	01:03:46
1369.	775	Kain, Peter	Male 75-79	2.	00:03:25	01:02:17	01:03:39
1370.	884	Lane, Sarah	Female 35-39	107.	00:03:17	01:02:19	01:04:18
1371.	1706	Wong, Anita	Female 60-64	25.	00:03:02	01:02:20	01:04:25
1372.	439	Douglas, Trevaun	Male 25-29	110.	00:03:27	01:02:21	01:04:36
1373.	1724	Wynne, Melanie	Female 40-44	101.	00:03:34	01:02:27	01:03:50
1374.	1676	White, Madison	Female 30-34	112.	00:03:24	01:02:28	01:04:23
1375.	1160	Nicholson, Catherine	Female 35-39	108.	00:03:27	01:02:28	01:03:09
1376.	578	Gingras, Geoff	Male 55-59	44.	00:03:23	01:02:33	01:03:53
1377.	1109	Mooney, Nancy	Female 55-59	28.	00:03:34	01:02:34	01:04:00
1378.	272	Ceho, Aleksandra	Female 35-39	109.	00:03:31	01:02:34	01:04:29
1379.	1375	Sabo, John	Male 65-69	19.	00:02:43	01:02:39	01:03:17
1380.	104	Ashar, Rishi	Male 30-34	132.	00:03:37	01:02:40	01:04:13
1381.	288	Cheng-Newson, Michele	Female 40-44	102.	00:03:38	01:02:43	01:04:30
1382.	588	Goldie, Meghan	Female 35-39	110.	00:02:56	01:02:45	01:04:21
1383.	1288	Quirke, Lisa	Female 40-44	103.	00:03:30	01:02:46	01:05:13
1384.	615	Grcar, Sonja	Female 25-29	87.	00:03:17	01:02:46	01:04:33
1385.	866	La, Kevin	Male 30-34	133.	00:02:57	01:02:47	01:04:12
1386.	1876	Gofton, Sheila	Female 65-69	8.	00:03:31	01:02:51	01:05:01
1387.	248	CANO, CONNIE	Female 35-39	111.	00:03:17	01:02:51	01:04:17
1388.	1201	Pacheco, Bela	Female 50-54	34.	00:03:29	01:02:57	01:03:58
1389.	1526	Sulin, Alex	Male 30-34	134.	00:03:09	01:02:59	01:04:12
1390.	508	Firoozian, Tahereh	Female 25-29	88.	00:03:03	01:03:00	01:05:23
1391.	1708	Wong, Yip Loong	Male 35-39	121.	00:03:15	01:03:07	01:06:09
1392.	1630	Vettrivelu, Sarmini	Female 35-39	112.	00:03:33	01:03:13	01:05:14
1393.	94	Arcay, Kristine	Female 35-39	113.	00:03:06	01:03:14	01:03:41
1394.	1118	Morella, Briana	Female 35-39	114.	00:03:50	01:03:21	01:04:44
1395.	1346	Roode, PaTricia	Female 40-44	104.	00:03:34	01:03:23	01:04:10
1396.	1041	McConnell, Gabby	Female 25-29	89.	00:03:10	01:03:25	01:05:40
1397.	1221	Patel, Ashuni	Female 25-29	90.	00:03:12	01:03:27	01:05:30
1398.	1456	Sinkovic, Maxwell	Male 15-19	20.	00:03:03	01:03:29	01:04:51
1399.	750	Jagjivan Patel, Hatel	Female 35-39	115.	00:03:18	01:03:33	01:09:47
1400.	1739	Yousefi, Al	Male 25-29	111.	00:03:09	01:03:34	01:04:12
1401.	709	Howard, Justine	Female 30-34	113.	00:03:30	01:03:39	01:05:38
1402.	337	Cournoyer-Sabo, Lorraine	Female 60-64	26.	00:03:45	01:03:41	01:04:19
1403.	653	Havlicek, Simone	Female 35-39	116.	00:03:27	01:03:41	01:04:37
1404.	1239	Petersen, Julia	Female 15-19	12.	00:03:22	01:03:42	01:05:40
1405.	892	Lapeyre, Lauren	Female 45-49	68.	00:03:31	01:03:46	01:05:51
1406.	1116	Morassutti, Dante	Male 65-69	20.	00:04:20	01:03:52	01:05:41
1407.	1753	Zhang, Ryan	Male 15-19	21.	00:03:47	01:04:03	01:04:40
1408.	1305	Rees, Scott	Male 50-54	63.	00:03:44	01:04:03	01:06:31

Spring Run Off

Results 8 km



Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1409.	394	Dembinski, Margaret	Female 30-34	114.	00:03:17	01:04:05	01:06:01
1410.	1620	Vassos, Stephanie	Female 25-29	91.	00:03:39	01:04:06	01:06:04
1411.	241	Campbell, Amber	Female 30-34	115.	00:03:20	01:04:07	01:06:05
1412.	71	Aguanno, Brennan	Male 50-54	64.	00:03:33	01:04:13	01:09:32
1413.	274	Cesar Mioti Felintro, Caio	Male 30-34	135.	00:03:56	01:04:15	01:06:20
1414.	1076	Mendonca dos Santos, Nayara	Female 30-34	116.	00:03:49	01:04:17	01:06:22
1415.	211	Brooks, Devon	Female 30-34	117.	00:03:24	01:04:23	01:06:15
1416.	629	Gulesserian, Paul	Male 50-54	65.	00:03:14	01:04:23	01:06:36
1417.	1713	Wood, Jess	Female 30-34	118.	00:03:10	01:04:35	01:06:36
1418.	1069	medeiros, Brittany	Female 35-39	117.	00:03:05	01:04:43	01:06:46
1419.	355	Cumpstey, Claire	Female 55-59	29.	00:03:05	01:04:43	01:06:46
1420.	1402	Schouten, Malin	Female 30-34	119.	00:03:05	01:04:43	01:06:46
1421.	568	Ghaneckar, Nikeetaa	Female 25-29	92.	00:03:27	01:04:47	01:06:50
1422.	983	Magwood, Michelle	Female 60-64	27.	00:03:05	01:04:47	01:06:41
1423.	321	Condon, Tracy	Female 45-49	69.	00:03:47	01:04:50	01:06:50
1424.	266	Castrejon, Sarai	Female 25-29	93.	00:03:48	01:04:55	01:07:05
1425.	1438	Shkodra, Tevis	Male 25-29	112.	00:03:33	01:04:58	01:07:08
1426.	97	Arevalo Borlinic, Patricia	Female 35-39	118.	00:03:56	01:05:00	01:06:34
1427.	551	Galvez, Maria Pilar	Female 30-34	120.	00:03:39	01:05:03	01:06:49
1428.	1303	Redding, Arthur	Male 55-59	45.	00:03:33	01:05:06	01:07:02
1429.	1889	Roy, Julie	Female 40-44	105.	00:03:23	01:05:13	01:05:49
1430.	1589	Trant, Jean-Marie	Female 60-64	28.	00:03:39	01:05:13	01:07:25
1431.	1692	Williams, Jennifer	Female 25-29	94.	00:03:24	01:05:25	01:08:25
1432.	1237	Perruzza, Mary	Female 50-54	35.	00:03:39	01:05:41	01:07:44
1433.	1642	Vukadinovic, Zrinka	Female 35-39	119.	00:03:21	01:05:44	01:08:07
1434.	249	Cantiller, Dan	Male 35-39	122.	00:02:55	01:05:51	01:08:21
1435.	1295	Rahman, Naziur	Male 35-39	123.	00:03:49	01:05:52	01:07:44
1436.	236	Calhoun, Maureen	Female 65-69	9.	00:03:42	01:05:58	01:08:17
1437.	250	Cantiller, Rosa	Female 40-44	106.	00:03:24	01:06:21	01:08:50
1438.	480	Evans, Christie-Ann	Female 55-59	30.	00:04:02	01:06:23	01:08:51
1439.	341	Covey, Sheryl	Female 55-59	31.	00:03:41	01:06:24	01:08:51
1440.	546	Galang, Ferdinand	Male 60-64	31.	00:03:56	01:06:24	01:08:51
1441.	1386	Samson, Claudette	Female 35-39	120.	00:03:42	01:06:30	01:08:45
1442.	1354	Rousseau, Paulina	Female 40-44	107.	00:03:48	01:06:32	01:08:59
1443.	988	Mak, Gigi	Female 35-39	121.	00:03:42	01:06:36	01:08:26
1444.	1484	Somerville, Sydney	Female 30-34	121.	00:03:43	01:06:40	01:09:00
1445.	958	Luckhart, Kathleen	Female 35-39	122.	00:03:40	01:06:44	01:08:38
1446.	1627	Verhaeghe, Johan	Male 60-64	32.	00:03:07	01:06:46	01:08:40
1447.	1316	Reyes, Carmen	Female 55-59	32.	00:04:03	01:06:48	01:09:06
1448.	348	Creighton, Tabitha	Female 50-54	36.	00:03:40	01:06:56	01:09:17
1449.	1871	Rowe, Lamara	Female 40-44	108.	00:03:48	01:07:07	01:09:32
1450.	151	Bedford-Shanahan, Rebecca	Female 40-44	109.	00:03:39	01:07:14	01:09:14
1451.	1217	Park, Brandi	Female 40-44	110.	00:03:32	01:07:18	01:09:38
1452.	123	Barker, Azalea	Female 35-39	123.	00:03:15	01:07:39	01:09:48
1453.	590	Good, Dave	Male 70-74	9.	00:03:29	01:07:40	01:09:58
1454.	60	Abotossaway, Krystal	Female 30-34	122.		01:07:42	01:09:51
1455.	795	Kaur, Savreet	Female 20-24	27.	00:03:24	01:07:49	01:09:44

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Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1456.	660	Headley-Brown, Paula (Yes I Can)	Female 55-59	33.	00:03:40	01:07:56	01:10:09
1457.	469	Elliott, Dean	Male 70-74	10.	00:03:34	01:07:59	01:10:19
1458.	1649	Wang, Lu	Male 35-39	124.		01:08:00	01:12:11
1459.	719	Humphrey, Mark	Male 50-54	66.	00:03:49	01:08:08	01:09:50
1460.	569	Ghani, Nadia	Female 35-39	124.	00:04:13	01:08:16	01:10:07
1461.	600	Gorecki, Laryssa	Female 40-44	111.	00:03:36	01:08:17	01:10:19
1462.	1320	Reynolds, Susan	Female 60-64	29.	00:03:29	01:08:24	01:10:14
1463.	1093	Milroy, Heather	Female 45-49	70.	00:03:56	01:08:27	01:09:10
1464.	413	Dimaculangan, Rachel	Female 35-39	125.	00:03:35	01:08:35	01:09:50
1465.	1311	Rempel, Shauna	Female 40-44	112.	00:03:40	01:08:53	01:10:16
1466.	1542	Szabat, Sandy	Female 70-74	2.	00:03:46	01:08:54	01:10:50
1467.	162	Benson, Alanna	Female 30-34	123.	00:03:47	01:09:03	01:11:04
1468.	1018	Marshall, Holly	Female 35-39	126.	00:03:48	01:09:04	01:11:04
1469.	985	Mai, Diana	Female 35-39	127.	00:03:20	01:09:05	01:10:02
1470.	1532	Summan, Jai	Male 70-74	11.	00:04:38	01:09:24	01:09:35
1471.	533	Fugaccia, Amy	Female 40-44	113.	00:03:44	01:09:32	01:10:36
1472.	1107	Montgomery, Jim	Male 80+	1.	00:03:58	01:09:45	01:11:33
1473.	1310	Remie, Wendy	Male 45-49	3.	00:04:02	01:09:48	01:10:09
1474.	1065	McQuaid, Tia	Female 30-34	124.	00:03:49	01:09:55	01:12:00
1475.	1037	McBean, Yovanka	Female 45-49	71.	00:03:44	01:10:04	01:11:50
1476.	1624	Vaughan, Heather	Female 50-54	37.	00:03:48	01:10:13	01:12:41
1477.	1735	Yogahouse, Ritual	Female 45-49	72.	00:03:24	01:10:17	01:12:28
1478.	1768	McQuaid, Alyssa	Female 25-29	95.	00:04:12	01:10:23	01:12:23
1479.	1686	Wiles, Hanna	Female 30-34	125.	00:03:56	01:10:26	01:12:50
1480.	450	Duncan, Alison	Female 45-49	73.	00:03:38	01:10:32	01:12:43
1481.	689	Hogan, Jennifer	Female 50-54	38.	00:03:17	01:10:42	01:12:53
1482.	1549	Tarantino, Gilda	Female 45-49	74.	00:03:27	01:10:47	01:13:00
1483.	1563	Testempasis, Elsa	Female 40-44	114.	00:03:27	01:10:47	01:13:00
1484.	140	Beach, Tanya	Female 45-49	75.		01:10:59	01:13:08
1485.	1552	Tarr, Tonja	Female 45-49	76.	00:04:04	01:11:06	01:13:14
1486.	1647	Walter, John	Male 50-54	67.	00:03:44	01:11:28	01:13:15
1487.	662	Heasman, Laura	Female 35-39	128.	00:03:43	01:11:28	01:13:15
1488.	937	Li, Gary	Male 20-24	26.	00:03:12	01:12:05	01:14:14
1489.	1727	Xu, Yudong	Male 20-24	27.	00:03:11	01:12:05	01:14:14
1490.	786	Kapadia, Rupesh	Male 50-54	68.	00:04:12	01:12:19	01:14:08
1491.	1610	Uthayakumar, Denoja	Female 30-34	126.	00:03:21	01:12:22	01:13:46
1492.	1277	Proops, Simon	Male 55-59	46.	00:04:08	01:12:24	01:14:37
1493.	57	Abel, Virginia	Female 30-34	127.	00:03:22	01:12:38	01:14:37
1494.	1112	Moore, Austin	Male 30-34	136.	00:03:50	01:12:43	01:14:50
1495.	1111	Moore, Andree	Female 30-34	128.	00:03:49	01:12:43	01:14:50
1496.	347	Cranley-Colp, Tammy	Female 50-54	39.	00:04:09	01:13:05	01:15:08
1497.	806	Kepe, Themabela	Male 55-59	47.	00:03:57	01:13:13	01:15:16
1498.	381	De Almeida Correa, Ricardo	Male 45-49	82.	00:03:30	01:13:21	01:14:58
1499.	188	Bonafe, Roberto	Male 40-44	99.	00:03:30	01:13:21	01:14:58
1500.	946	Lingley, Natalie	Female 50-54	40.	00:04:16	01:13:51	01:15:56
1501.	1273	Prince, Joanne	Female 55-59	34.	00:04:06	01:14:01	01:16:02
1502.	223	Bui, Tien	Female 35-39	129.	00:04:27	01:14:15	01:16:11

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Place	Bib	Name	AgeGroup	Rank	Hill Time	ChipTime	GunTime
1503.	124	Barker, Linda	Female 70-74	3.	00:04:10	01:14:15	01:16:33
1504.	539	Gabrovska, Mariya	Female 45-49	77.	00:03:28	01:14:19	01:16:38
1505.	1121	Mostafa, Yasmin	Female 25-29	96.	00:04:19	01:14:27	01:16:34
1506.	1533	Summers, Jillian	Female 15-19	13.	00:03:49	01:14:58	01:17:05
1507.	1480	Sobreira, Branca	Female 35-39	130.	00:04:33	01:14:59	01:16:28
1508.	1405	Schvalb, Tara	Female 45-49	78.	00:04:09	01:14:59	01:17:18
1509.	1081	Michels, Mardi	Female 50-54	41.	00:03:45	01:15:42	01:23:27
1510.	1100	Moberly, Fred	Male 55-59	48.		01:16:03	01:16:03
1511.	817	Khehra, Ranjot	Female 40-44	115.	00:03:51	01:16:04	01:16:04
1512.	643	Hansa, Tina	Female 40-44	116.	00:03:52	01:16:05	01:16:05
1513.	1102	Moharer, Ladan	Female 45-49	79.		01:18:52	01:21:12
1514.	1744	Zanotti, Philip	Male 50-54	69.	00:03:54	01:19:37	01:21:53
1515.	756	Jeffrey, Dayna	Female 35-39	131.	00:04:35	01:19:54	01:22:03
1516.	1870	Enechukwu, Nkechi	Female 35-39	132.	00:04:58	01:21:14	01:23:39
1517.	1128	Mundi, Reetu	Female 40-44	117.	00:03:25	01:23:06	01:23:06
1518.	1219	Patara, Preety	Female 40-44	118.	00:03:24	01:23:06	01:23:06
1519.	1238	Persichetti, Laura	Female 35-39	133.	00:04:29	01:24:46	01:26:47
1520.	1693	Williams, Jessica	Female 20-24	28.	00:04:29	01:24:46	01:26:47
1521.	1278	Pu, Sherry	Female 60-64	30.	00:04:30	01:24:49	01:26:49
1522.	338	Court, Michaela	Female 50-54	42.	00:04:30	01:24:50	01:26:47
1523.	1413	Sellers, Helen	Female 65-69	10.	00:04:32	01:32:41	01:35:10
1524.	908	Lee, Felix	Male 20-24	28.	00:04:27	01:32:53	01:35:06
1525.	74	Aho, Kelly	Female 45-49	80.	00:04:19	01:32:54	01:34:52
1526.	1619	Vassos, Jeannie	Female 50-54	43.	00:04:29	01:33:05	01:35:04
1527.	323	Cook, Colin	Male 35-39	125.		01:36:05	01:36:05
1528.	552	gammy, jay	Male 50-54	70.		01:41:10	01:41:10
1529.	684	Hirji, Kevin	Male 25-29	113.		01:48:36	01:48:36
1530.	400	Dermody, Laura	Female 25-29	97.		01:48:44	01:48:44
1531.	4295	Ryan, Kelly-Ann	Female 55-59	35.		01:48:49	01:48:49
1532.	1509	Step, Andrew	Male 40-44	100.		01:49:13	01:50:28
1533.	285	Cheevers, Rob	Male 40-44	101.	01:05:57	02:05:55	02:08:21
1534.	4300	Liang, Haoyang	Male 35-39	126.		02:07:51	02:07:51
1535.	896	Lau, Li	Female 45-49	81.		02:13:20	02:13:20

Number of records: 1535